

# Netherhall School

An Ambitious, Caring Community



Ofsted rated as 'GOOD' - February 2018, Alps rated as Outstanding – August 2021

## Sixth Form Prospectus 2023

At Netherhall School, we are ambitious for every student. We want all our students to achieve the best possible academic qualifications, and to have the best experience of school. This summer we achieved our highest ever GCSE and A level results. The sixth form has a track record of academic success and achievement.

We are proud of our sixth form. It is a welcoming, friendly, vibrant and happy place to learn, where staff and students are treated with care and respect. I believe that the values and ethos of Netherhall School Sixth Form are indicative of the Cumbrian spirit and represent the very best of Maryport and West Cumbria. Achievement and success are built on positive relationships. I see this on a daily basis at Netherhall School Sixth Form, through the work of great teachers who have positive, constructive relationships with their students. The result is happy, confident learners who are inspired and surpassing their expectations.

I know you will enjoy and do well throughout your next two years at Netherhall School Sixth Form. My aim is to make school an enjoyable and productive experience for every student, where each young person looks forward to the possibilities of the day with energy and enthusiasm.



*"Students' attitudes to their learning and contributing to the wider school are excellent." - Ofsted, 2018*  
*"There is an industrious atmosphere around the sixth form, both generally and within classes" - Ofsted, 2018*  
*"Relationships between students and staff are excellent" - Ofsted, 2018*

## Results

In 2020 and 2021 Netherhall's A level results were rated at grade 1 (outstanding) by Alps. This means that the exam grades achieved by students in year 13 at Netherhall were among the very best in the country.

In 2022, students' attainment was the best the school has seen. In A level subjects, 20% of the grades achieved were A or A\*, and 41% of grades were B or above. In vocational subjects, around 90% of students achieved the top grades of Distinction and Distinction\*.

The average grade achieved by students in A level subjects was C+; in vocational subjects it was Distinction\*-. Netherhall School Sixth Form is a place where students make excellent progress, no matter their background, ability or aspiration.

## Aims

The aim of Netherhall School Sixth Form is to support the development of healthy, confident, capable and happy young people, who are supportive and tolerant of each other. A sixth form that builds understanding, recognises individuality and embraces collective responsibility to fellow students, the school and the wider community.

The sixth form's aims are to provide relevant and meaningful experiences which nurture individual aspirations, whether it is an Oxbridge education, public service, artistic endeavour, industrial excellence, cultural or sporting experiences. A sixth form that actively encourages involvement and participation, with the intention of preparing its young people for the challenges of the 21st Century.

## Principles

The five principles that guide Netherhall School Sixth Form are:

**Students First:** every decision is founded on the best interests of the students.

**Aspiration:** to be fiercely ambitious for all students.

**Quality:** to provide the highest quality education possible.

**Opportunity:** to provide enjoyable and relevant opportunities that enable students to fulfil their considerable potential.

**Community:** to be an active part of the local community.

## Academic Success

Last academic year students attained A level grades:

- A\*- B – 41%
- A\*- C – 73%
- A\*-E – 100%

## Destinations

100% of year 13 leavers in 2022 secured places in higher education, training or employment. A selection of destination universities and courses for 2022 leavers is shown below:

	Jacobs Degree Apprenticeship - Mechanical Engineering
	Nottingham Trent University – Maths
	University of Cumbria - Social Work
	University of Cumbria – Film and Television Studies
	Leeds Beckett University - Sustainable Fashion
	University of Cumbria – Primary Education with QTS
	University of Liverpool – English
	University of Central Lancashire – History
	University of Central Lancashire – Psychology
	University of Leeds - Mechanical Engineering
	University of Manchester - History
	Leeds Beckett University - Sports & Exercise Theory
	Sellafield Degree Apprenticeship - Mechanical Design
	University of Northumbria – Nursing
	Edge Hill University - Physical Education
	Open University – Psychology
	University of Newcastle – Philosophy
	University of Cumbria - Graphic Design
	Nottingham Trent University – Chemistry
	Leeds Beckett University - Sport & Exercise Science
University of Northumbria – Criminology	
Liverpool John Moores University – Biology	
University of Newcastle – History	
Kings College London - English Literature	
University of Central Lancashire - Mental Health Nursing	

## Curriculum

At Netherhall School Sixth Form we offer a broad and inclusive curriculum which supports the aspirations and achievement of all students. It is a bespoke curriculum offer that enables students to select from a wide choice of academic and vocational subjects.

Academic Subjects	Vocational Subjects
<ul style="list-style-type: none"> <li>• Art</li> <li>• Biology</li> <li>• Chemistry</li> <li>• English language</li> <li>• English literature</li> <li>• French</li> <li>• Geography</li> <li>• History</li> <li>• Mathematics</li> <li>• Music</li> <li>• Photography</li> <li>• Physics</li> <li>• Religious studies</li> </ul>	<ul style="list-style-type: none"> <li>• Applied science</li> <li>• Health and social care (single and double award)</li> <li>• IT</li> <li>• Sport and physical activity</li> </ul>

## Extended Project Qualification

All students in the sixth form at Netherhall have the opportunity to complete an Extended Project Qualification (EPQ). This qualification allows students to carry out in-depth research in an area of interest to them. By completing the qualification, they develop and demonstrate their project management skills and have opportunities for extended writing. It is highly valued by universities

and employers. We have had some wonderful projects in the past, on themes as diverse as electrical engineering, photography, plant-based diet, gymnastics and e-sports. Students can tailor their project to their individual needs, choices and aspirations. The outcome of the project can be a design, performance, report, dissertation or artefact. Students undertaking the project have the full support of a dedicated and experienced EPQ tutor.

## Core Maths

Students have the opportunity to study for a level 3 core maths qualification, which provides essential problem-solving and quantitative skills. Equal in size and UCAS tariff points to an AS Level, the qualification is aimed at students who aren't studying AS or A level maths, but need mathematical skills to support their other level 3 subjects and for future study and employment.

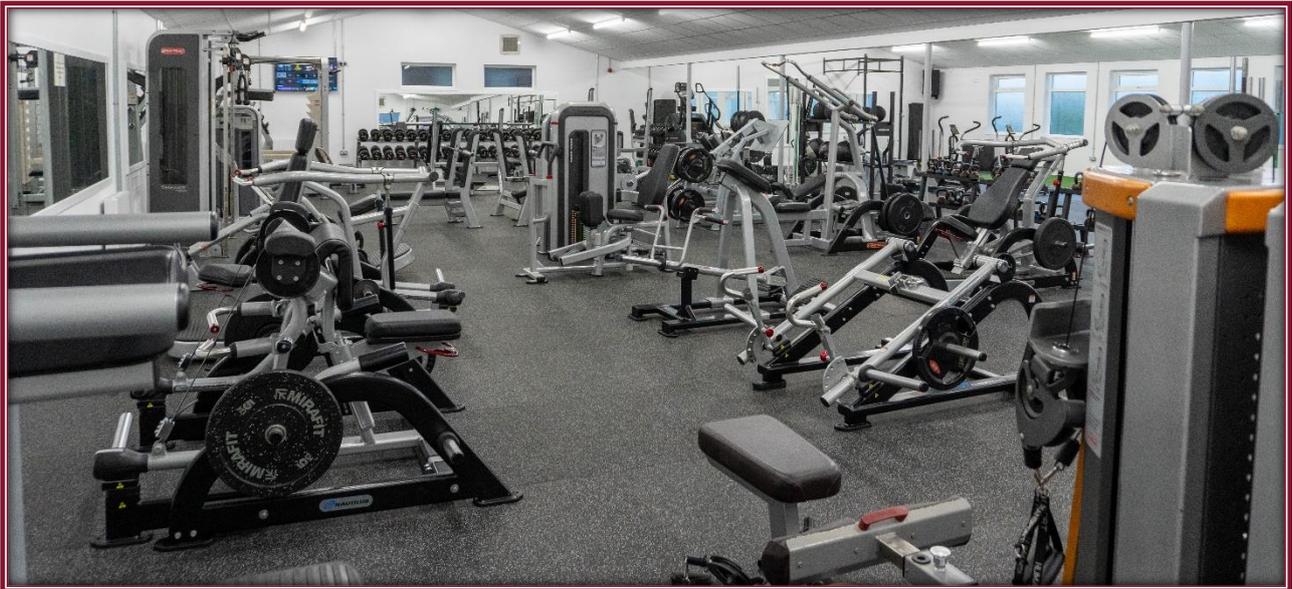
## Extracurricular Opportunities and Enrichment

I am confident that whatever you choose to study at Netherhall School Sixth Form you will be expertly taught. In addition to this there is a great range of extracurricular and enrichment activities available. These will provide you with opportunities for leadership and personal development. You will be guided throughout your time in the sixth form by friendly and caring tutors, who take a personal interest in supporting every student towards their end goal of a university education or apprenticeship; they will encourage you to develop your skills by participating in:

- Cooking.
- First aid.
- Sports prefects and sports leadership qualifications.
- School sports teams.
- Social action projects through Cumbria Community Foundation.
- Duke of Edinburgh Award, with direct entry to the Gold Award for sixth form students.
- Tycoon young enterprise award.
- Work experience placements.
- Primary school placements.
- Literacy and numeracy support for younger students.
- Fundraising and charity work.
- Sixth Form Council leadership opportunities.
- Head Boy and Head Girl positions.
- National Citizenship Service.
- University open days and summer schools.

### In the past we have run school trips to:

- **London** – the arts.
- **Edinburgh** – the arts.
- **Manchester** – sports.
- **Newcastle** – the arts.
- **New York** – cultural experience.
- **Euro Disney**, Paris.
- **Ski trip**.
- **University of Cumbria careers fair**



## **Netherhall Community Sports Centre**

Students of Netherhall School Sixth Form benefit from full membership of Netherhall Community Sports Centre free of charge. This membership would normally cost £330 and entitles students to use the facilities during their enrichment time as well as within the centre's after-school and weekend opening hours.

The sports centre is located on the school site and is a state-of-the-art facility that first opened in September 2005. Within the centre there are five separate gym areas that offer free weights, spinning, cardio, resistance and plate loaded machines, functional training and much more.

Casual gym goers and experienced athletes alike will all be able to develop their health, fitness and wellbeing whilst studying in the sixth form by making use of this excellent facility. Students can also benefit from a broad range of instructor-led exercise classes that are included within their membership.



## **Entry Requirements**

Grade requirements for entry to Netherhall School Sixth Form can be found in the options section at the back of the prospectus. Specific entrance requirements for each course of study vary and have been set to enable the very best outcomes for students in their sixth form studies.

Please don't hesitate to get in touch with me as you make your choices for post 16 learning. I look forward to welcoming you into the sixth form in September.

**ASSISTANT HEADTEACHER / HEAD OF SIXTH FORM**

Mr C Pattinson

# Head Boy & Head Girl

## Ben Lambert

From the outset of my time at Netherhall School I knew that I wanted to attend the school's sixth form, as I knew it would allow me to continue my studies surrounded by both hard-working students and teachers, and that it would provide me with further opportunities to enable me to fulfil my career ambitions. I have always been passionate about art, which is why I was so happy when I was able to take both A level art and photography along with IT as my subjects in the sixth form, enabling me to achieve the grades I will need to achieve my dream. It is my ambition to secure the opportunity to become an undergraduate student at Liverpool John Moores University next year to read for a degree in graphic design, before going on to complete the PGCE that will allow me to become an art teacher in the future.



During my time at Netherhall School, I have always taken up any opportunities provided to enrich my experience at school and have also been keen to support the work of the school with younger students, most recently by helping out with the summer school provided for our new year 7 students. This experience gave me a fantastic experience in taking charge of small groups of students and has cemented my ambition of becoming a future art teacher myself.

I feel very honoured and am extremely proud to have been appointed to the role of Head Boy of Netherhall School for the current academic year; I intend to represent my school with distinction, supporting the work of all students at the school, from year 7-13, while also representing the school in the wider community, highlighting what a fantastic school we have in Maryport.

## Ellie Rowley

I have always been highly ambitious for my future and am grateful to all my teachers at Netherhall School who have helped to give me the platform and opportunities to develop both personally and academically over the last 6 years. I have thoroughly enjoyed my time at Netherhall School, both in lower school and now in the sixth form and believe it is essential to support the work of the school as one of its student leaders. I enjoy being involved in a wide range of school activities and always offer my help to younger year groups, such as organising various inter-tutor sporting events alongside my fellow peers and by helping to organise sporting competitions for local primary school students. In addition to this, I have recently become a Young Health Champion for our community; I believe this is a significant role and something I aim to support our school to continue to be involved with.



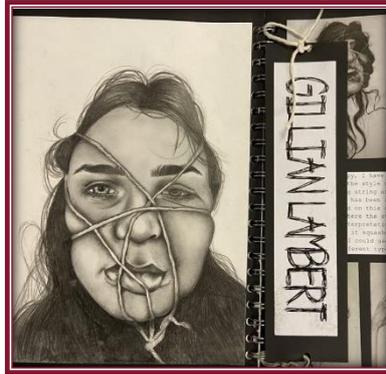
After completing my GCSEs, I knew I wanted to continue my studies at Netherhall School Sixth Form to develop my knowledge and enable me to achieve my future ambitions. I chose A level English language, along with IT and PE. I believe that with this combination of subjects and my own personal interests in the dramatic arts that I will be able to win a place at drama school on the completion of my sixth form studies, so I am able to realise my ambition of becoming a musical theatre performer.

I am extremely honoured to be appointed to the position of Head Girl at Netherhall School for the current academic year and plan to use this position to not only support my peers but to also support the younger students of the school. I will strive to inspire and become a role model to all students of our brilliant school and help express to our community how very special our school is.

# A Level - Art

## What is it about?

A level art is a broad-based course exploring practical and critical/contextual work, through a range of 2D and/or 3D processes and media associated with two or more of the titles: fine art, graphic communication, textile design, three-dimensional design, photography.



Students are encouraged to develop their ideas in an original and exciting manner, providing them with the opportunity to gain new skills and develop existing ones. We encourage students to visit galleries locally and in Edinburgh and London. The art department organises trips in the autumn term to Edinburgh to visit galleries, and the University of Cumbria to take part in printmaking workshops and life drawing. This enables students to experience a rich variety of historical and contemporary work, which will subsequently inform their own creativity.

Art and design is a wide ranging course covering printmaking, sculpture, painting, photography, mixed media, drawing and art history. Students are encouraged to develop their ideas using a range of experimental techniques and media, extending their creative individuality. The course enables students to develop their skills in decision making, the ability to follow tasks through from conception to completion and to develop their potential when working independently.



## What is expected of me during the course?

You should have a good imagination and be able to develop creative ideas. You should be happy to experiment with a range of materials and processes. A grade 4 in GCSE art is essential. It is important to remember that a lot of work will need to be completed not just in lessons but in your own time too. There are two components to the course, one chosen by the student and one set by AQA.

## What can I combine this subject with?

Art combines with any subject but in particular English, history and RE can help to develop the analytical and evaluative skills needed in art.

## What can I do with this qualification?

Any art based degree or any art based course. This can lead to careers in fine art, illustration, photography, design or teaching.

### *WHO SHOULD I ASK TO FIND OUT MORE?*

Miss Cotton

## A Level Art – Ben Lambert

I'm Ben, and I'm currently in year 13 studying art, photography and IT. Personally, I really enjoy creative arts, and I gained a grade 9 in my art GCSE, so I am hoping to achieve A\* in art and photography in my A-levels. After sixth form, I hope to go to university to take a course in graphic design.

I would recommend A-level art since it allows me to realise my creativity in both the pieces I create and through the written analysis, where I can consider and explain the meaning behind an artwork. I find exploring and experimenting with new media and techniques really enjoyable as it creates new possibilities in my work.

I have taken part in a range of extra-curricular activities to enrich my art studies, including a photography trip to Keswick, printmaking and ceramics workshops with the University of Cumbria and a gallery visit to Edinburgh.



# Level 3 – BTEC Extended Certificate in Applied Science

## What is it about?

This Pearson qualification covers the fundamental scientific knowledge, understanding and practical skills associated with applied science learning. Learners will cover the scientific principles of biology, chemistry and physics. They will develop experimental and practical techniques and study the roles and skills of scientists and the public and media perception of science.



## How is it structured?

The course is made up of five mandatory units, plus one optional unit from a choice of three.

### Mandatory units

Unit	Theme	Assessment
1	Key concepts in science	Written exam
2	Applied experimental techniques	Portfolio
3	Science in the modern world	Exam with pre-release material
16	Space and Astronomy	Coursework - this unit involves fieldwork and taking measurements using telescopes.

## What is expected of me during the course?

You should have a real interest in the topics and be looking towards a career that is based in science, such as nursing, engineering, laboratory work or even the leisure industry. Over the two

years you will be expected to take a full and active part in all learning activities, including group projects and independent learning. A commitment to doing your best in and out of class is essential as there is a lot of written coursework to complete during the two years. All deadlines must be met without fail, so personal organisation and good time-management are also vital. You should have achieved grade 4 or above in science at GCSE level.

### **What can I combine this subject with?**

Health and social care, sport and physical activity or any other subject with a science element.

### **What can I do with this qualification?**

Applied science can be studied on its own at university or as an essential part of degrees in engineering, sports science, physiotherapy or nursing studies.

### **WHO SHOULD I ASK TO FIND OUT MORE?**

Mrs Poddington

### **BTEC Extended Certificate in Applied Science – Lori Armstrong**

My name is Lori and I'm currently in year 13. I study applied science, English literature and photography. I think this is a great combination of subjects as it's really varied and allows me to develop a broad range of skills. By the end of year 13, I'm hoping to achieve Distinction\* in applied science, and Bs in English and photography. I'm currently applying to study English at university.

I chose the applied science course because I liked the idea of doing a single course that covers chemistry, biology and physics. You study all three subjects alongside each other, and there's lots of practical work so my science lessons feel fast-paced and varied. I've really enjoyed doing the experiments this year, and it's great to build up a portfolio of coursework that you can count towards your grade. It's important to be organised, and you have to be thorough in making your revision notes as there's a lot of content to cover. This is a great course for anyone with an interest in science and engineering.



# A Level - Biology

## What is it about?

This OCR course will be taught through real life biology for the 21st Century. You will learn a wide range of experimental and investigative skills needed by modern biologists, including the ability to make judgements about the quality of evidence both as individuals and in groups. You will participate in practicals, simulations, interactive IT tutorials, online seminars and tests.



## How is it structured?

Your A-level course is divided into 6 modules taught over 2 years, this also includes 12 required practicals.

<b>1. Development of practical skills in biology</b>	The practical assessments which are completed as part of this module link directly to the topics which you have learned throughout modules 2-6. You will complete a range of practical assessments including: microscopy, heart dissection, colorimetry and growing microbial samples.
<b>2. Foundations in biology</b>	In this module you will study cell structure, different biological molecules, the base structure of DNA, enzyme structure, how membranes allow substances to move across and cell division.
<b>3. Exchange and transport</b>	In this module you will study how different molecules are transported in plants and animals as well as how the exchange surfaces are adapted for this role.
<b>4. Biodiversity, evolution and disease</b>	In this module you will study communicable diseases, disease prevention, the immune system, biodiversity, classification and evolution.
<b>5. Communication, homeostasis and energy</b>	In this module you will study homeostasis, neuronal and hormonal communication, photosynthesis, respiration and plant and animal responses to change.
<b>6. Genetics, evolution and ecosystems</b>	In this module you will study cellular control, patterns of inheritance, how genomes can be manipulated, ecosystems, cloning, populations and sustainability.

## How will I be assessed?

You will have regular opportunities during lesson time to practise past exam questions in order to familiarise yourself with the language used in the examinations. The final examinations will all take

place at the end of year 13. You will have 3 exams in total which will link directly to the units which have been completed throughout your A-level biology studies. You will also have full mock examinations throughout year 12 and year 13.

### **What is expected of me during the course?**

You should have achieved at least a grade 6 in GCSE biology or a grade 7 in the biology component of Combined Science (Trilogy) before considering taking this course. You will need to be organised and committed to working at a fast pace and be willing to complete work and wider reading outside of the classroom.

### **What can I combine with this subject?**

Biology can combine with most other subjects but students particularly benefit from also studying chemistry, maths, physics, geography or health and social care.

### **What can I do with this qualification?**

Biology can be studied on its own at university or as an essential part of degrees in medicine, veterinary science, dentistry, physiotherapy, ecology, nursing studies, marine biology or forensic science and criminology.

#### **WHO SHOULD I ASK TO FIND OUT MORE?**

Mrs Poddington

### **A Level Biology – Sophie Anderson**

I'm Sophie and I'm currently in year 12 studying biology, chemistry and maths. I'm aiming to achieve grade A\* in each subject, and I would like to study medicine at university.

A-Level Biology is an interesting and exciting subject which develops knowledge from GCSE. During the two years of studying biology, you will learn a range of things; from heart dissections to studying biodiversity. This makes A-Level biology a great subject which provides many opportunities no matter the career you wish to go into. Personally, because of the combination of subjects I chose at A level, I often find that there are times where my prior knowledge from one subject consolidates my learning in another.



# A Level - Chemistry

## What is it about?

This OCR course will be taught through real life chemistry for the 21st Century. You will learn a wide range of analytical and investigative experimental skills needed by modern chemists. You will participate in practicals, simulations, interactive IT tutorials, online seminars and tests.



## How is it structured?

Your A-level course is divided into 6 modules taught over 2 years, this also includes 12 required practicals.

Module	Overview
<b>1. Development of practical skills in chemistry</b>	The practical assessments which are completed as part of this module link directly to the topics which you have learned throughout modules 2-6. You will complete a range of practical assessments including: titration, synthesis of organic chemicals, rates of reaction, identification of unknown compounds and ions and analysis of electrochemical cells.
<b>2. Foundations in chemistry</b>	In this module you will study bonding, intermolecular forces, moles, acids and bases and redox reactions.
<b>3. Periodic Table &amp; Energy</b>	In this module you will build on GCSE chemistry by studying the periodic table and groups 2 and 7, enthalpy changes and reaction rates.

<b>4. Core organic chemistry</b>	In this module you will study hydrocarbons, alcohols, alkenes and methods of organic synthesis.
<b>5. Physical chemistry &amp; transition elements</b>	In this module you will study further reaction rates, pH and buffers, enthalpy, entropy and free energy.
<b>6. Organic chemistry &amp; analysis</b>	In this module you will study a variety of carboxyl and carbonyl compounds, polymers and methods of spectroscopy.

## How will I be assessed?

You will have regular opportunities during lesson time to practise past exam questions in order to familiarise yourself with the language used in the examinations. The final examinations will all take place at the end of year 13. You will have 3 exams in total which will link directly to the units which have been completed throughout your A-level biology studies. You will also have full mock examinations throughout year 12 and year 13.

## What is expected of me during the course?

You should have achieved at least a grade 6 in GCSE chemistry or a grade 7 in the chemistry component of Combined Science (Trilogy) before considering taking this course. You will need to be organised and committed to working at a fast pace and be willing to complete work and wider reading outside of the classroom.

## What can I combine with this subject?

Chemistry can combine with most other subjects but students particularly benefit from also studying biology, maths, physics or geography.

## What can I do with this qualification?

Chemistry can be studied on its own at university or as an essential part of degrees in medicine, veterinary science, engineering, dentistry, marine biology or forensic science and criminology.

### WHO SHOULD I ASK TO FIND OUT MORE?

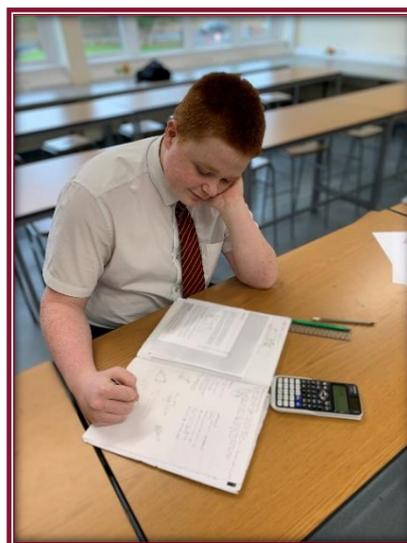
Mr Nicholson

## A Level Chemistry – Will Cannon

My name is Will and I am in Netherhall School Sixth Form where I study chemistry, physics and maths. I'm expected to achieve A grades across the board and I'm working hard to achieve this! In the future, I hope to complete a degree apprenticeship or go to university for mechanical or electrical engineering.

Although chemistry is a challenging subject, teachers present things in interesting ways and the practicals are good fun. My favourite topic has always been chromatography as I'm confident in my understanding. Maths skills are vital for chemistry, so it's an advantage to do maths A level as well.

I would recommend chemistry as a subject. It opens many doors in life and can be applied in many professions and career paths.



# A Level - English Language

## What is it about?

In this subject, students are asked to engage creatively and critically with a wide range of texts and discourses. The English language course with AQA will be explored as a means of communication and as a topic in its own right.

There is an emphasis on students' ability to pursue lines of enquiry, analyse texts produced by others and debate different views, as well as work independently to research aspects of language in use.

## Modules of study include:

**Language of the Individual and Society** which involves looking at textual variety and children's language development.

**Language Diversity and Change** which involves looking at language diversity and change over time, as well as various attitudes to it.

**Language in Action** which requires students to undertake two different pieces of independent research:

- A language investigation (2000 words).
- A piece of original writing and commentary (750 words each).

## What is expected of me during the course?

You will need to have passed GCSE English at grade 5 or above.

You will need to be self-motivated, hardworking and interested in studying the English language as a tool for better communication and understanding.

## How is the course assessed?

Two examinations, each 2.5 hours long and each worth 40% of the qualification for A level.

Non-exam assessment (20% of the qualification, assessed by teachers).

## What can I combine this subject with?

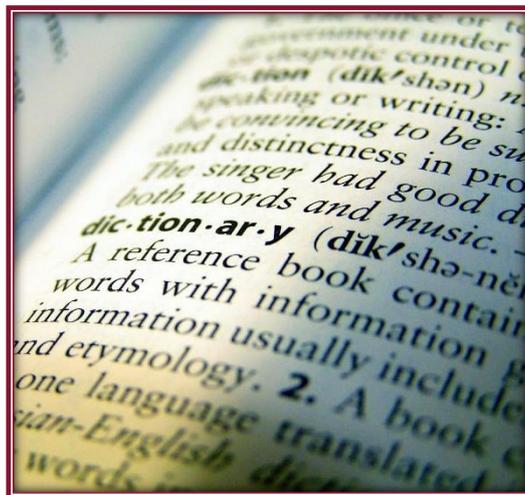
English language combines easily with any subject.

## What can I do with this qualification?

This subject benefits a whole host of career paths including: journalism and media, law, teaching, advertising and publishing, public relations.

## WHO SHOULD I ASK TO FIND OUT MORE?

Mr Bird



## A Level English Language – Annalise Kirkbride

I joined Netherhall School Sixth Form in September 2022 as a student who was completely unfamiliar with this school's environment, but I settled in with no problems at all within my first week. I study English language, religious studies and health and social care as well as undertaking an additional EPQ. I am hoping to progress to university to achieve a degree in psychology, so I am aiming to achieve two A grades and a B grade at least.

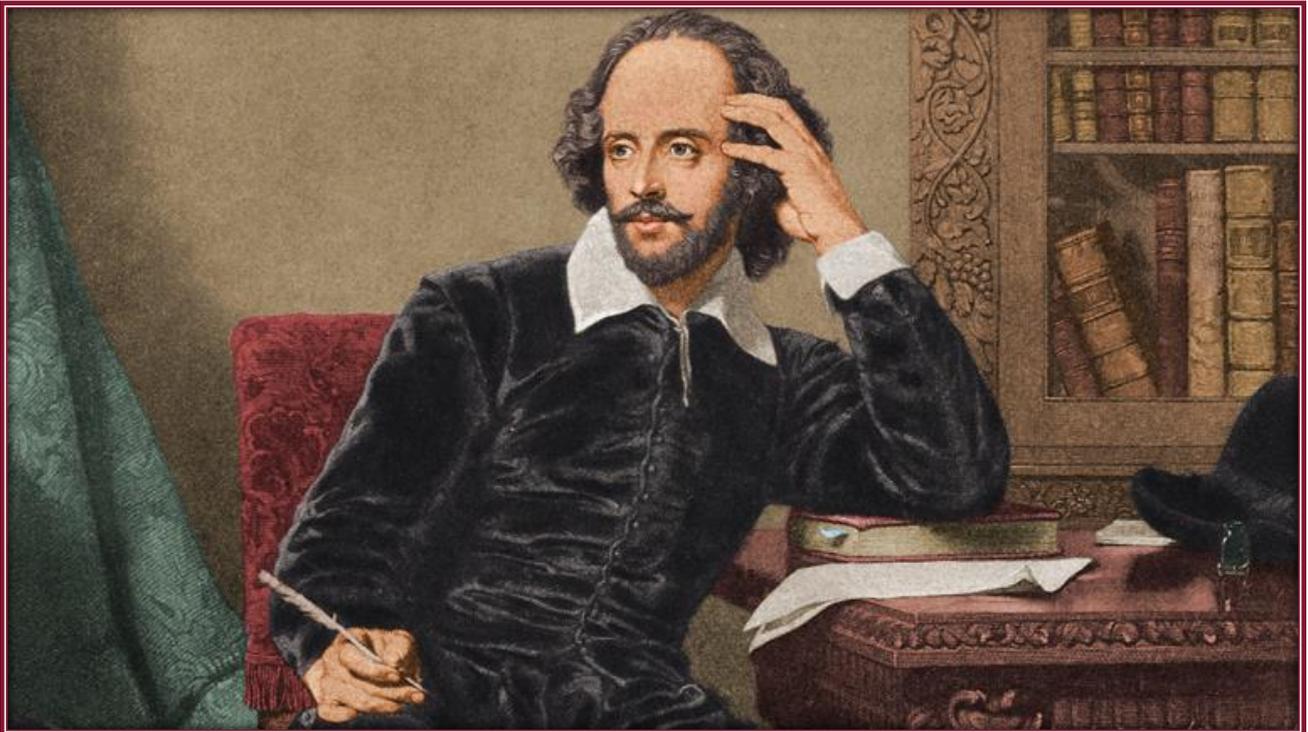
The English language A-level is certainly challenging at times, but it pushes you to use a range of complex language and subject terminology which can be beneficial throughout all of your A-level studies. We explore how individuals use different forms of language and communication features to shape meaning of what they are saying, as well as studying how sentence structure and language can be used to present different meanings, people and cultures within different pieces of text. As well as this there is also a topic which focuses on child language acquisition and how language is shaped from a young age. Overall, it is a very interesting and at times complex subject which pushes you to be your most attentive.



# A Level - English Literature

## What is it about?

On this course, students are asked to develop personal responses to a wide range of literary texts, from Shakespeare through to contemporary poetry. The course from Edexcel allows students to develop their expression and communication in response to drama, prose, poetry and critical theory. Reading is also a major part of this course, and students enjoy reading independently, as well as considering the views of others in discussion.



## Modules of study include:

- Drama – Tragedy: *Othello* by (including critical theory) and *A Streetcar Named Desire* by Tennessee Williams
- Prose – Science and Society: *Frankenstein* by Mary Shelley and *The Handmaid's Tale* by Margaret Atwood
- Poetry: Poems of the Decade and The Romantics
- A comparison of two texts chosen by the student

## What is expected of me during the course?

- You will need to have passed GCSE English Literature at grade 5 or above.
- You will need to be self-motivated, hardworking, an avid reader, and interested in discovering the way that literature reflects us as human beings.
- You will need to be able to think critically and reflectively about your own ideas, and those of others.

## How is the course assessed?

- Drama: 2 hours 15 minutes open-book examination, worth 30% of the qualification.
- Prose: 1 hour 15 minutes open-book examination, worth 20% of the qualification.

- Poetry: 2 hours 15 minutes open-book examination, worth 30% of the qualification.
- Non-examination Assessment: Students have a free choice of two texts to study. Worth 20% of the qualification.

### What can I combine this subject with?

The skills learned in English literature transfer most easily to English language, history, modern languages, religious studies and art.

### What can I do with this qualification?

English Literature is highly regarded by universities, and develops skills sought after by institutions offering journalism, writing, editing, publication, law, marketing, media, public relations and advertising.

### WHO SHOULD I ASK TO FIND OUT MORE?

Mr Barlow or Miss Parker

### A Level English Literature – Kate Ivison

I am Kate and I'm currently in year 13 studying English literature, history and sport. I achieved good grades in these subjects at GCSE, so I'm hoping to achieve grade Bs and As at A level. After sixth form, I plan to go to university to study history, ideally in a big city!

In English literature at the moment I am studying *A Streetcar Named Desire* and *Othello* which are two fascinating and very different plays. We recently went to see *Streetcar* live at the theatre in Manchester. This really helped to bring the play to life. I'm looking forward to studying modern poetry and *Frankenstein*, which I am really intrigued about. To succeed in the course you have to enjoy reading and analysing literary works. I feel that I've already developed my written skills and sharpened my understanding of plays and novels.



Alongside my studies I do plenty of sport – netball, tennis, rugby and football. I also do prefect duties and paired reading where I am a mentor for a year 7 student.

# A Level - French

## Who is the course for?

People who are curious, willing to work hard, have imagination and a sense of humour. By the end of the course you should be able to discuss and write in French about any topic from politics to bake-off competitions, fashion to nuclear fusion. You will be introduced to French film, music, theatre, literature and history and have a firm grammatical understanding.

## What will you study?

You will study films, music and literary, political or historical texts, carry out your own research into the language and customs of a French speaking country and develop your spoken, written, listening and reading skills to university entrance level.

**Unit 1** - Les changements dans la société française.

**Unit 2** - La culture politique et artistique dans les pays francophones.

**Unit 3** - L'immigration et la société multiculturelle française.

**Unit 4** - L'Occupation et la Résistance en France.

## How is the course assessed?

You will learn in a variety of ways, including demonstrations, skills workshops, formal lessons and individual tuition. You will have your own online textbook as well as a paper version in class which will enable you to progress at your own pace. You will be expected to accurately self-assess some work.



There is also a programme of on-going and end of module tests. You will be able to complete and submit these online assessments and tests when you feel confident enough to do so but within the

allocated time period. We organise a week's residential visit which is designed to improve your cultural knowledge as well as prepare you for your speaking exam.

Your final assessment at A level will be with the completion of three exams with Edexcel.

- Paper 1 - Listening, reading and translation.
- Paper 2 - Written responses to works and translation.
- Paper 3 - Speaking.

## What is required to join the course?

You will need to have passed GCSE French at grade 4 or above.

## What next?

A level French could lead on to a language degree or a degree with a language component, typically a business-related, history or law degree. A language A level is highly regarded by university admissions tutors. Your linguistic skills are also highly prized by businesses in all sectors and are a valuable tool for securing employment. Recent A level French students from Netherhall School have gone on to study languages, law, medicine, maths, business, criminal psychology, the expressive arts, journalism and sport at university.

### WHO SHOULD I ASK TO FIND OUT MORE?

Monsieur Machard, Madame Fox or Monsieur Pattinson

## A Level French – Eliska Belejova

Bonjour! My name is Eliska and I study French, English language and art at Netherhall 6th Form. I've been in Netherhall since year 7 and I can only say all things positive about it. I aspire to be an actress and I'm applying for degrees in theatre and performing arts. I am a member of the Drama Club in school alongside around 70 other students. I'm also the Deputy Head Girl and have multiple roles on the 6th Form council which are amazing ways to gain leadership and teamwork skills.

French was my first pick for my 6th form subjects. I love learning about different cultures and from a very young age I have gained experience of speaking different languages. When learning a language, you're not just learning how to communicate; you also learn about the culture of that particular country, its history, gastronomy, cinematography - and anything else you want! Part of the French A Level (and one of my favorite parts of it) is the Individual Research Project. This allows you to research a topic of your choice on that country. I have based my project around my passion for film, and I'm really enjoying conducting my research. You also get to study a novel and a film in French, too.



Speaking a language other than your mother tongue is an advantage in any career. You certainly need confidence, motivation and perhaps most of all patience because languages take time. Just like Amir sings in one of his songs, you will most certainly need "le Vésuve au fond [tes] veines" - in other words, you'll need to be confident and determined to take up a new language. With the help of the Languages department here at Netherhall you're more than sure to love the subject - and have fun with it too. J'espère que le français soit votre premier choix!

# A Level - Geography

## What is it about?

The A level course with AQA covers both physical and human geography. In each area of study, students will consider their own attitudes and values, and will develop a variety of geographical skills which they will be encouraged to use with a greater degree of independence.



There are three units of study in year 12 and three units in year 13.

	Content	Skills
<b>Year 12</b>	Hazards.	Focused upon geographic presentation and analysis techniques.
	Water and carbon cycles.	
	Changing places.	Students will begin a fieldwork investigation.
	Coastal systems and landscapes.	
<b>Year 13</b>	Global systems and global governance.	Students complete an individual investigation where they have to collect data from the field.

	<b>Content</b>	<b>Skills</b>
	Resource security.	The investigation is based upon a question or issue of their choice.

### **Who can take this subject?**

You should have achieved at least a grade 5 in geography at GCSE and also have a range of good GCSE passes. These would be at least grade 5s, especially in science subjects and English.

### **What can I combine with this subject?**

This A level combines well with most subjects as it can be classed as an arts or science subject.

### **What can I do with this qualification?**

Geographers are multi-skilled people and enter a wide variety of professions: university degrees in various types of geography (leading to either a BA or BSc), town and country planning, conservation work, any type of environmental work, civil service or local council employment e.g. housing, retail, IT, management and many others.

#### **WHO SHOULD I ASK TO FIND OUT MORE?**

Mr Blades or Mr Wassell

### **A Level Geography – Joe Denwood**

Hi my name is Joe, I came to Netherhall School back in 2017 as a year 7 student and I am now studying A levels in maths, biology and geography. I am hoping to go to university to study zoology after I complete my A levels.

Geography has to be one of my favourite subjects as it covers a wide range of topics. You look at both the human and physical side of geography which will enhance your understanding of the whole world. You will also learn valuable skills which will be useful throughout your entire life. The teachers in the geography department build meaningful relationships with their students to help support them and help them and are dedicated to ensure their students get the best possible education.

Due to the confidence this school has given me I have been able to do things outside of my studies that I previously thought I could never do such as Duke of Edinburgh and a World Challenge expedition to Borneo.



# OCR Cambridge Technical Level 3 - Health and Social Care

## What is it about?

The health and social care level 3 is offered as a single or double award:

### Extended certificate (single award / 1 A level) - 360hrs.

This will cover 6 units - Equality & Diversity, Health & Safety, Anatomy & Physiology (all externally examined), Building Positive Relationships (compulsory coursework), plus two other optional coursework units from a choice of 8.



### Diploma (double award / 2 A levels) - 720hrs.

This will cover 12 units - the above 6, plus Person-Centred Care, Safeguarding (both externally examined), Infection Control (compulsory coursework) and an additional 3 optional units from a choice of 17.

All the coursework units will be divided into a range of assignments with clear pass, merit and distinction criteria to achieve. Students are able to sit each external exam a maximum of twice, either in the June of year 12, or the February or June of year 13.

## What is expected of me during the course?

Over the two years you will be expected to take a full and active part in all learning activities, including group projects, role plays, practical activities, presentations, independent learning and work experience placements in health and social care settings. All students would benefit from finding a long-term work experience placement (e.g. a morning or afternoon per week for the full year), rather than just the year 12 work experience week alone.

The accumulation of hours that a long-term placement would give will be valuable experience that could be used in UCAS applications, especially for social work, teaching or nursing. Although some time in lessons is given for typing assignments, students will be expected to do independent research and improvements in their study lessons. A commitment to doing your best in and out of class is essential.

There is a lot of written coursework to complete during the two years. All deadlines must be met, without fail, and students will be given the necessary help to achieve distinction in each coursework unit. Personal organisation and good time management are therefore vital. Grade 4 and above in English and biology will help with the maturity, quality and depth of writing required and the compulsory science content.

### **What can I do with this qualification?**

Level 3 qualifications in health and social care will prepare you for employment in a wide range of caring, medical and public service sectors and in higher education in general; however, the transferable skills learned will be useful in any employment, regardless of the sector.

All degrees at university accept this qualification in conjunction with other A levels or BTECs, and the final P, M, D & D\* grades are worth the same number of UCAS points as the academic grades E, C, A & A\*.

### **WHO SHOULD I ASK TO FIND OUT MORE?**

Mrs Fisher

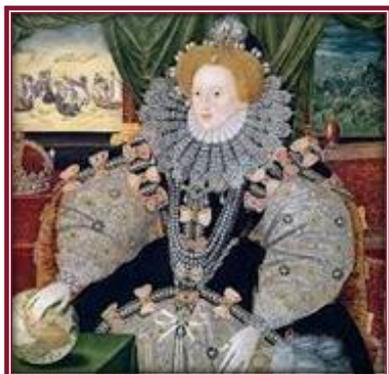
### **Health and Social Care – Tilly Joy**

I joined Netherhall in 2017 and I am currently studying the double award in health and social care with A level religious studies. Since starting sixth form in 2022, I have developed my knowledge and life skills. I have participated in a nursing and midwifery course, supported younger students in religious studies lessons, and I do a weekly work placement as a teaching assistant with my old primary school. There are plenty of opportunities to make a contribution in sixth form!

I was interested in taking health and social care following my GCSEs where I achieved a distinction. I knew from an early stage that I wanted to choose this as an option. I am especially enjoying the dementia unit as well as the work we have done on anatomy. These things have helped my understanding of a range of different conditions, and how best to care for vulnerable people. We recently organised an event for elderly people and people with disabilities, and it was great to apply the skills I have learnt in the course to a real-life scenario. I hope to be a paediatric nurse in the future, and I feel the course prepares me really well for this. I would highly recommend this subject, either as a single or a double award.



# A Level – History



## What is it about?

<p><b>Unit 1</b> <b>Britain:</b> <b>1930 - 1997</b></p>	<p>Part 1: This is a fantastic course that covers British history from 1930 to 1997. The first part of the course looks at Churchill between 1930 and 1951. We consider Churchill's view of events between 1929 and 1934 which help explain why he is such a controversial figure today. We then go onto study Churchill as wartime prime minister, considering whether it really was his "finest hour."</p> <p>Part 2: This part of the course considers Britain between 1951 and 1997. We question why the Conservative Party were able to dominate between 1951 and 1964 and also consider Labour and Conservative governments between 1964 and 79. We then go onto consider another divisive figure, Margaret Thatcher, and consider the end of consensus 1979-1997.</p>
<p><b>Unit 2</b> <b>Democracy and dictatorships in Germany:</b> <b>1919 - 1963</b></p>	<p>We begin with an assessment of the impact of WWI and the Treaty of Versailles. We examine the establishment, struggle and development of the Weimar Republic. We consider how an extremist such as Hitler was able to become Chancellor in 1933 and eventually dictator of Germany. We then look at how much control the Nazis wielded over the German people and the impact their policies had on people's lives.</p> <p>Next, we look at the impact of WWII and the defeat of Germany in 1945. One of the most thought-provoking elements of the course gets us to question how and why the Holocaust was possible and whether the German people supported it. Finally, the course involves a study of the divided nature of post-war Germany, the Federal Republic and the DDR between 1949 and 1963.</p>
<p><b>Unit 3</b> <b>Thematic study and historical interpretations</b></p>	<p>The Tudor dynasty is one of the most famous royal families and we tend to see them as the strongest English monarchs, but this was not the case at the beginning of their dynasty. Henry VII was a usurper of the English throne, having defeated Richard III at the Battle of Bosworth in 1485. As the course progresses we consider the main causes of rebellion and disorder, the</p>

	frequency and nature of disturbances, the impact of disturbances upon Tudor governments and the maintenance of political stability.
<b>Unit 4</b> <b>Historical Investigation</b>	The final unit of Year 13 history, involves writing a 3,500 word personal enquiry. This is the unit that prepares students well for university. Students are given free choice to write their coursework on a question of their choice. Students complete independent research and write their coursework with guidance from their teacher. This is a real opportunity to produce a piece of academic work to be proud of.

### What is expected of me during this course?

You must have at least a grade 4 in GCSE history to study this OCR A level history course.

### What can I combine this subject with?

History combines well with most subjects but is particularly popular with students studying English, geography and RS. History is also useful to those studying maths and sciences as it develops different skills.

### What can I do with this qualification?

History develops many skills that are essential for all types of further education, such as essay writing and research skills. At university it can be studied by itself and is particularly useful as part of business and law degrees.

#### WHO SHOULD I ASK TO FIND OUT MORE?

Mrs Slater or Mr Bailey

### A level history – Olivia Tubman

My name is Olivia and I'm currently in year 12 studying history, English literature and health and social care. I also do the EPQ which has really helped me to develop my research and academic writing skills.

Although I didn't study history at GCSE, I am very much enjoying the course and my teachers have been very supportive in ensuring I make progress. Teaching staff regularly give up their time to offer one-on-one help which is really useful. I'm aiming to achieve at least grade A by the end of the course, and I would like to complete a law degree when I finish sixth form. To help with this, I have applied for an internship programme with the Social Mobility Foundation, and I'm hoping to be part of a mentoring programme for aspiring law students.

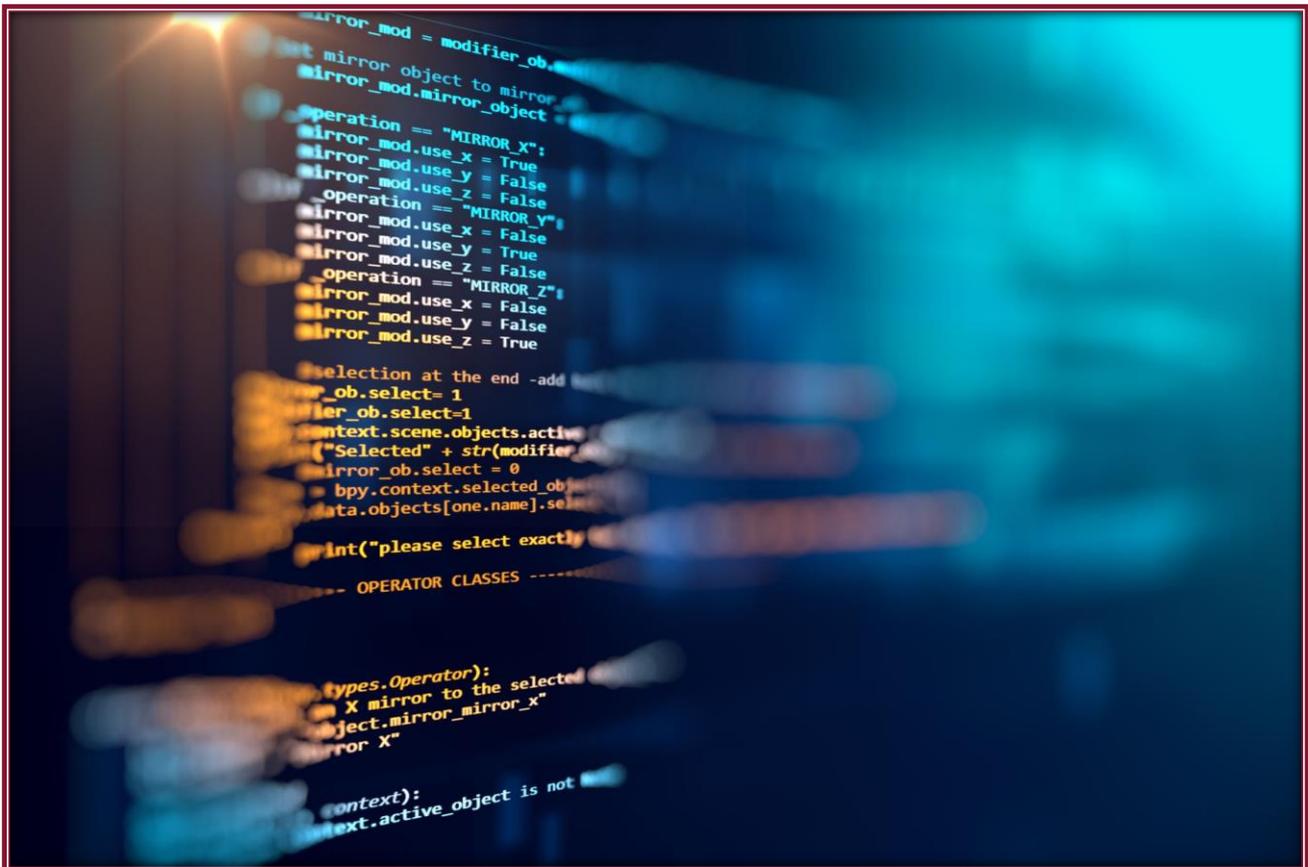


I have really enjoyed the British history unit as it has given me an interest in politics, as well as an understanding of why things are the way they are today in the UK. The Germany unit is fascinating, too, and I'm looking forward to studying the Tudors next year. Studying history helps you to develop good essay writing skills and gives you the ability to analyse different texts and sources. I would definitely recommend it to anyone with an interest in history. It is challenging but very rewarding!

# OCR Cambridge Technical Level 3 - Introductory Diploma in IT.

## What is it about?

Learners will be able to develop their core knowledge, skills and understanding of the IT sector, and develop further skills by completing a range of units through a pathway called emerging digital technology practitioner. Designed in collaboration with experts spanning the breadth of the sector, the Cambridge Technical in IT focuses on the skills, knowledge and understanding that today's universities and employers demand.



## What is expected of me during the course?

There will be five units to complete over two years. It is expected that students opting for this course will have a very good attendance record in order to work successfully to many short-term deadlines.

## The units you will have to study are;

- **Unit 1** - Fundamentals of IT (80 mark written exam).
- **Unit 2** - Global information (80 mark written exam).
- **Unit 5** - Virtual and augmented reality (Coursework).
- **Unit 8** - Project management (Coursework).
- **Unit 17** - Internet of everything (Coursework).

## What can I combine this subject with?

Information technology will combine well with all other subjects.

## What can I do with this qualification?

The qualification develops many skills that will prepare you for further education or employment. It is particularly useful for students interested in following a career as an IT infrastructure technician, emerging digital technology practitioner, application developer or data analyst.

### WHO SHOULD I ASK TO FIND OUT MORE?

Mr Lister

## IT – Harvey Clifford

My name is Harvey and I am in year 12 studying A levels in history and English literature alongside IT. I am aiming to get an A in history and English as well as a distinction in my IT and would like to continue my studies after A levels to further my knowledge in IT and hopefully find a career within the field. I'm also considering applying for a law degree.

The OCR Cambridge level 3 introductory diploma in IT will give you a greater understanding of computer systems and how they work and how to use them professionally or in businesses. My knowledge of these systems has improved since starting the course as well as learning about other technology such as virtual reality and augmented reality. If you have an interest in technology this part of the course is amazing to learn about. Within the course there is a mixture of exams and coursework, being able to meet deadlines and being organised with your work is crucial. I feel that the course helps you to develop a range of skills that are useful for life and university study. Currently the future of technology is expanding rapidly and so many career and jobs are available within IT. If there is anything within computing and IT that you enjoy and are interested in and want to have a future career that involves this I would definitely recommend you take this course.



# A Level - Mathematics



## What is it about?

The A level mathematics course will build upon many of the ideas you have been studying at GCSE. You will develop a deeper understanding of topics such as algebra, logarithms, trigonometry, differentiation and sequences and be introduced to new ideas such as integration proof and logs. This Edexcel course also covers content on statistics and mechanics.

## What is expected of me during the course?

You will need to have obtained at least grade 7 in mathematics at GCSE. The course is assessed at the end of 2 years by three externally examined papers, each worth 1/3 of the final marks.

- **Paper 1** - Pure mathematics 1 (2 hours).
- **Paper 2** - Pure mathematics 2 (2 hours).
- **Paper 3** - Statistics and mechanics (2 hours).

Calculators can be used in all of the exams, so it is advised to have an A level standard calculator throughout the course. A graphical calculator is recommended, for example Casio FX-991EX or FX-9750GII.

## What can I combine this subject with?

Maths combines well with all the sciences, geography, arts and languages.

## What can I do with this qualification?

University courses concerning or leading to accountancy, actuarial services (statistics/insurance), investment banking, civil service, teaching, diplomatic service, health service, government, public health, management, software design, telecommunications, environmental consultancy, medical research, surveying, engineering, cryptography (code writing/breaking), financial computing,

medical statistician, weather forecasting, defence analysis, operational research, business management, mathematical/IT sciences, electronic and electrical engineering, micro-technology.

### **WHO SHOULD I ASK TO FIND OUT MORE?**

Mr Juhasz, Mr Bell or Miss Wright

### **A level maths – Max Nealy**

My name is Max, and I am currently a year 12 pupil in sixth form, with the ambitions of pursuing a career in medicine and surgery. I am studying maths, chemistry and biology. Combining my enjoyment and interests in these subjects with the support of my teachers I am aiming to achieve grade A's and A\*'s.

My maths studies have given me a great advantage across all my subjects, especially in chemistry where maths and mathematical skills are very prominent. So far, I am particularly enjoying mechanics as it allows me to use and develop my logical thinking in real-world scenarios.

I find maths to be the most challenging, yet most rewarding subject I have taken. I would recommend it to anyone with a genuine interest in mathematical areas such as engineering or finance. It will allow you access a wide range of mathematical or scientific careers due to it being one of the most highly respected and sought-after qualifications. As expected, succeeding in the course requires a lot of hard work, yet thanks to the support of my teachers and the foundation created by GCSE maths I am able to work at my target grade.



# A Level - Photography

## What is it about?

A level photography is an exciting course exploring a range of approaches, supported by contextual understanding. Throughout the course we will study portraiture, landscape and still life photography; however, students are encouraged to develop their own ideas in an original and exciting manner, providing them with the opportunity to gain new skills and develop existing ones. We strongly encourage students to develop their work through the use of Photoshop, so prior knowledge of this is essential. There are two components to the course; one set by the student and one set by AQA. Prior to planning their own project, students will complete a range of smaller projects to help expand their understanding of a range of artists and processes.

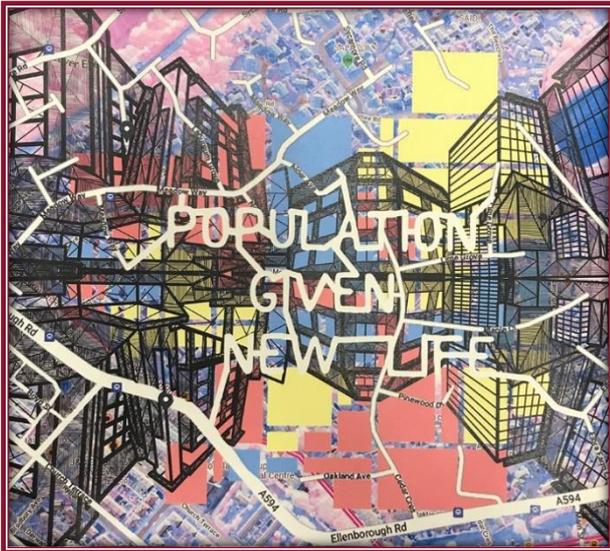


The art department organises trips in the autumn term to Edinburgh to visit galleries, and the University of Cumbria to take part in printmaking workshops and life drawing, which photography students will also have access to. This enables students to experience a rich variety of historical and contemporary work, which will subsequently inform their own creativity. The course enables students to develop their skills in decision making, the ability to follow tasks through from conception to completion and to develop their potential when working independently.



## What is expected of me during the course?

You should have a good imagination and be able to develop creative ideas. You should be happy to experiment with a range of materials and processes. A grade 4 in GCSE art or photography is



essential. It is important to remember that a lot of work will need to be completed, not just in lessons, but in your own time too.

### **What can I combine this subject with?**

Photography combines with any subject, but in particular English, history and RE, which can help to develop the analytical and evaluative skills needed in photography.

### **What can I do with this qualification?**

Any art based degree, or any art based course. This can lead to careers in fine art, illustration, photography, design, advertising, graphics or teaching.

### **WHO SHOULD I ASK TO FIND OUT MORE?**

Miss Cotton

## **A level photography – Kia Carter**

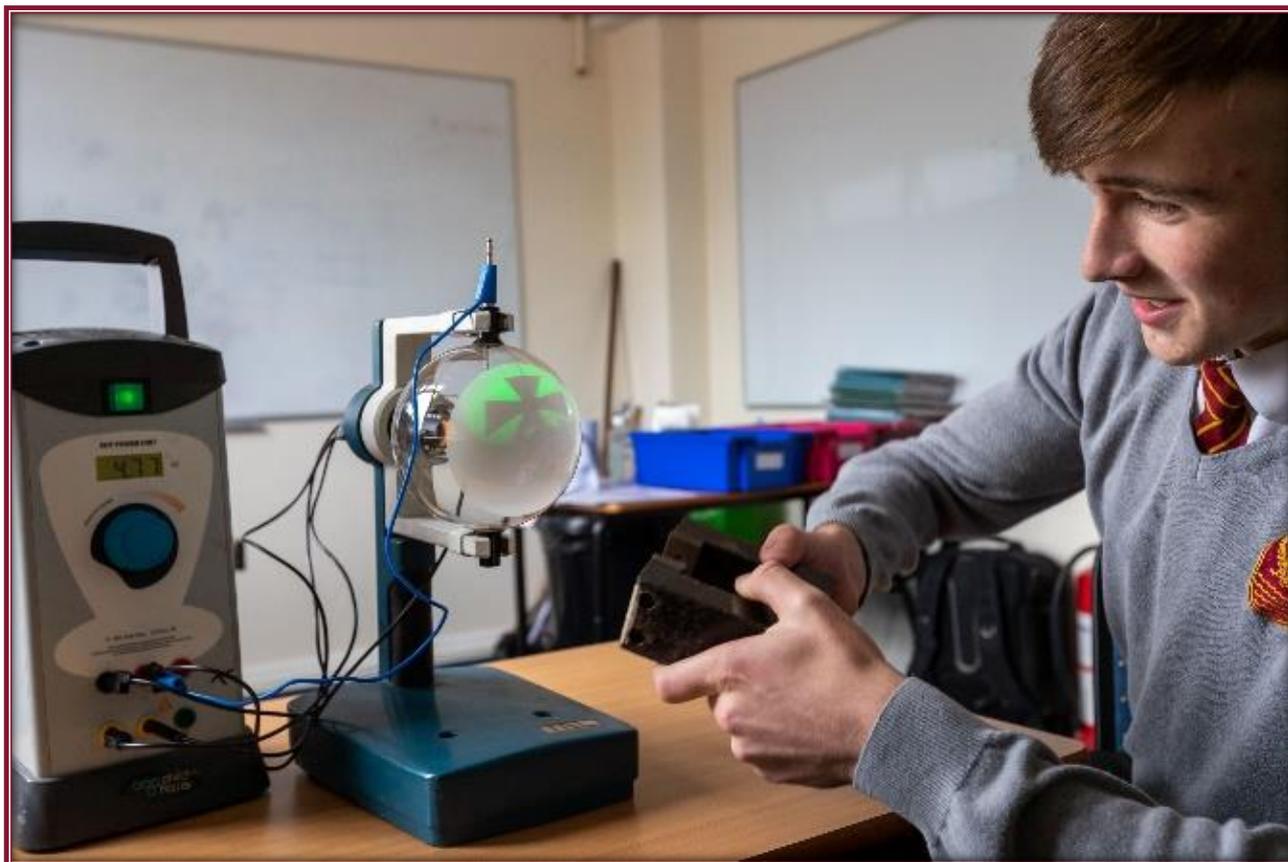
I'm Kia, and alongside A level photography I am also studying IT and applied science; I am in year 12 at the moment and in the future, I would like a medical career. I am expecting to gain at least a merit in IT and also in applied science. In photography, we started off with an induction project, titled 'A Sense of Place'; this is about the mood or atmosphere that can be created within portrait, landscape and still life photographs. This helped us to develop a lot of the foundational skills required to analyse the work of photographers and create our own shots, before developing our work in a more individual direction.

I would recommend A-level photography as it allows me to be creative within my practical work and through my written analysis, where I can look into the symbolism and meaning behind the different artists work that inspire my projects. Personally, I enjoy experimenting by hand and exploring the new possibilities each edit creates.

Within my first term of sixth-form I have been given many extra-curricular opportunities, including a photography trip to Keswick and a workshop session with a local graphic designer



## A Level - Physics



### What is it about?

Physics has an important role in our consideration of why many of the actions we see on Earth (and beyond) take place. It gives us an understanding of the benefits and risks of many physical processes, including electric and magnetic fields and nuclear radiation. Students will study the course offered by the Edexcel exam board (specification for 2015) in order to develop their mathematical responses whilst considering mechanics, oscillations and particles for example. Practical investigative tasks structure a large part of the curriculum, allowing students to apply their knowledge and understanding to real life situations within the school laboratory. A visit to the CERN laboratory in Geneva, Switzerland is planned for the coming year, to enhance the course experience.

### What is expected of me during the course?

You should have achieved at least a grade 6 in GCSE physics or a grade 7 in the physics component of Combined Science (Trilogy) before considering taking this course. To be successful in physics you need to be well organised, complete all tasks set, be prepared to engage in wider reading and have a genuine interest in the subject. Assessment is by way of three exams at the end of the course.

### What can I combine this subject with?

Physics combines with a range of other A-level subjects, especially maths and chemistry.

## What can I do with this qualification?

A level Physics is usually required in order to undertake degree courses in engineering, physics or mathematics and can be an advantage when applying for medicine, veterinary science and sports science. It can also be beneficial when applying for engineering type apprenticeships with local companies.

### WHO SHOULD I ASK TO FIND OUT MORE?

Mr Richardson or Mrs Shipton

## A level physics – Ren Bray

I am currently studying physics, chemistry and biology for my A-levels. I have always had an interest in physics which has only been amplified since coming to Sixth Form. I am hoping to secure A's in my subjects so in the future I can go to study particle physics at university. I think physics is a very good option for anyone who enjoys maths and science-based subjects and also enjoys problem solving.

Whilst I have not gone through all the units the course has to offer yet, I am currently studying electric circuits. The A-level unit for electric circuits has provided a much greater depth of explanation than at GCSE – making the content feel a lot more thorough, making it easier to visually conceptualise and draw links between different ideas.

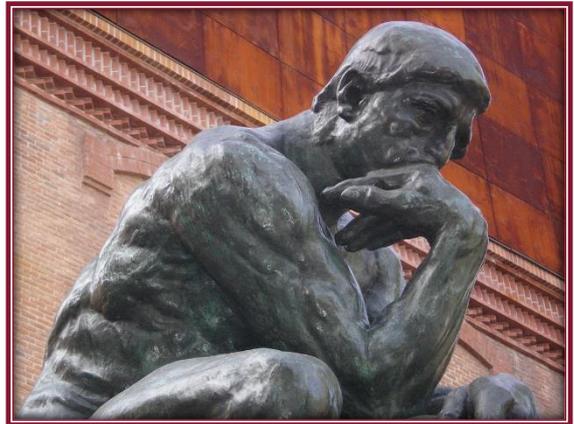
The course also goes over many other topics such as waves, mechanics, materials, some quantum physics, thermodynamics, nuclear radiation and some others. Good maths skills are essential for the course as there are many complex equations and formulae to work with.



# A Level - Religious Studies

## What is it about?

Have you ever wondered if life may not be entirely as it seems? Or questioned whether a good God can really exist with so much evil in the world? Or thought about whether humans do have such things as souls, free will or a conscience? Or how people come to decide what is right and wrong? And why people disagree so frequently in business, medicine and politics? This course will help you to explore various answers to these questions and to many, many more.



## How is it structured?

Your OCR A level in religious studies is divided into three linked sections.

### Philosophy of Religion

- Ancient philosophical influences.
- Arguments about the existence or non-existence of God.
- The nature and impact of religious experience.
- The challenge for religious belief of the problem of evil.
- The nature of the soul, mind and body.
- The possibility of life after death.
- Ideas about the nature of God.
- Issues in religious language.

### Religion and Ethics

- Normative ethical theories.
- Ethical language and thought.
- Debates surrounding the significant ideas of conscience and free will.
- The influence on ethical thought of developments in religious beliefs and the philosophy of religion.

### Development in Christian Thought

- Religious beliefs, values and teachings, their interconnections and how they vary historically and in the contemporary world.
- Sources of religious wisdom and authority.
- Practices which shape and express religious identity, and how these vary within a tradition.
- Significant social and historical developments in theology and religious thought.
- Key themes related to the relationship between religion and society.

## What is expected of me during the course?

You should have achieved grade 4 in GCSE RS before considering taking this stimulating yet academically demanding course. Over the two years, you will be expected to take a full and active part in all learning activities both in class and in your own free time. A commitment to doing your best in and out of class is essential.

## What can I do with this qualification?

A level RS can lead to degrees in philosophy, religion and ethics, sociology or psychology as well as careers in any profession where understanding people's attitudes and behaviour is important e.g. teacher, lawyer, business manager, police etc.

### WHO SHOULD I ASK TO FIND OUT MORE?

Miss Barcock or Mrs Bishop

## A level religious studies – Abbie Armstrong

My name is Abbie Armstrong and I am currently in year 12 studying RE, geography and applied science. I joined netherhall school in 2017 and have done religious studies the whole way through school, as well as choosing to continue studying it for a further two years in sixth form.

I enjoy religious studies because it allows us to understand the beliefs and opinions that come from different people and cultures all across the world. It also gives us an insight into the theories that people have and how they could be viewed from different perspectives. We are able to learn about philosophy that is both ancient and recent while understanding how philosophers believe things came about. From studying religious studies, I have been able to learn how to dig deep into complex ideas and understand them as well as being able to explain what they mean. This has allowed me to gain confidence in my own ideas and being able to express them. Big questions with unknown answers are raised, such as the existence of God. This allows for discussion and views to be exchanged so that everyone's opinions can be recognised.

I would recommend RE to anyone that enjoys learning about a variety of ideas and crafting extended, personal answers to them as well as sharing opinions and finding out about a range of contrasting views and theories that are believed to have shaped the world we live in.



# OCR Cambridge Technical Level 3 - Sport and Physical Activity



## What is it about?

This qualification is for students who want to study sport, leisure or fitness. The OCR qualification is not just about being able to play sport, it will provide learners with the skills, knowledge and understanding to progress into higher education on a sport-related programme such as sport and physical education, sport science, sport coaching and development, or sport and leisure management.

## Your OCR course will be divided into 5 units:

Two units will be exam based and assessed externally, while the other three units will be based around written and practical coursework.

Unit	Units	Assessment Type	Learning Hours
1	Body systems and the effects of physical activity.	External exam.	90
2	Sports coaching and activity leadership.	Internal assessment.	90
3	Sports organisation and development.	External exam.	60
4	Organisation of sports events.	Internal assessment.	60
5	Practical skills in sport and physical activities.	Internal assessment.	60

## What is expected of me during the course?

You will need to be to have a confident grasp of literacy, as much of the internally assessed work will be written coursework. You will need to have experience of various sports and practical activities, as you will need to demonstrate your sporting ability in 3 areas, including an individual sport, team game and outdoor adventure activity.

## What can I do with this qualification?

The OCR level 3 in sport and physical activity will prepare you for employment in various sectors, such as coaching and the leisure industry and will also help you move into higher education.

### WHO SHOULD I ASK TO FIND OUT MORE?

Mr Fulton or Mrs Holliday

## Sport and physical activity – Lewis Moore

My name is Lewis and I am currently studying sport and physical activity, ICT and English language in my first year of 6th form. In the next 2 years, I am aiming to follow on from receiving a distinction\* in GCSE PE and hopefully receive the same result in my A level. As well as this, I am also hoping for a distinction in ICT and a minimum of a grade B in English language. In the future I hope to study sport at university as it has always been my favourite subject and the one I have enjoyed the most.



I began studying PE at GCSE in year 9. Since then, I have learnt that in sport there are an extremely wide range of opportunities and roles for the future that I would be interested in. The subject has taught me many key attributes and skills, including how to coach a group of students and how all the of the human body parts work and where they are. I have had the opportunity to plan my own session in my chosen sport, which was football, and delivered it to group of younger students. I found this very enjoyable as it gave me the opportunity to teach something I have always loved, and try to pass on my knowledge and understanding of the sport, hoping that the students would be able to improve their game and learn new skills. I have also begun to referee school football games, which allows me to view the game from a different aspect and have a greater understanding of the rules. The subject consists of 3 different parts, coursework, practical and examination. In my personal opinion, I mostly enjoy the practical as it allows me to show my physical skills and gives me the chance to improve in all of the sports that we participate in.

I have played several sports both in and outside school. In particular, my two favourites have always been football and rugby league, which I have played from around 5-6 years old. In football, I have captained the school team, represented Allerdale, won the schools under 18s County Cup and played at an Academy level from under 11s-16s. I currently play for Workington Reds. In rugby league I have represented Cumbria, won the under 16s County cup, as well as participating in the school teams.

# A Level Music

## What is it about?

A Level music will provide a contemporary, accessible and creative education in music with an integrated approach to the three main elements – performing, composing and appraising. You are encouraged to be creative and to broaden your musical horizons and understanding with areas of study that inspire and challenge.

This course will enable you to explore performance and composition in greater detail and allow you to choose a specialism in performance or composition. Through the various genres, styles and eras contained in the areas of study, you will explore musical context, musical language and performance and composition skills. Studying an A Level in music has options and pathways designed to appeal to, and cater for, a wide range of interests, instruments, personalities and directions. During the course, you will:



- engage actively in the process of music study
- develop performing skills to demonstrate an understanding of musical elements, style, sense of continuity, interpretation and expression
- develop composing skills to demonstrate the manipulation of musical ideas and the use of musical devices and conventions
- broaden musical experience and interests, develop imagination and foster creativity
- develop as effective, independent learners and as critical and reflective thinkers with enquiring minds
- reflect critically and make personal judgements on your own and others' music
- engage with, and extend appreciation of, the diverse heritage of music in order to promote personal, social, intellectual and cultural development
- recognise the interdependence of musical knowledge, understanding and skills, and make links between the integrated activities of performing, composing and appraising underpinned by attentive listening
- develop and extend the knowledge, understanding and skills needed to communicate effectively as musicians
- develop knowledge and understanding of a variety of instruments and styles, and of relevant approaches to both performing and composing
- develop awareness of music technologies and their use in the creation and presentation of music
- appraise contrasting genres, styles and traditions of music, and develop understanding of musical contexts and a coherent awareness of musical chronology.

## What is expected of me during the course?

You will need to be creative and happy to perform in a public setting, both as a soloist and as a member of an ensemble. You must be able to play an instrument or sing to a good standard, this will require you to commit to regular practice at home.

## What can I combine this subject with?

Music combines with any subject, but in particular creative subjects like art, photography and English because it requires a similar creative yet methodical approach. ICT is also a good combination, as you will be required to work extensively with recording software and hardware.

## What can I do with this qualification?

Any music-based degree or music-based course. This can lead to careers in performing, composing, teaching, or music technology.

### WHO SHOULD I ASK TO FIND OUT MORE?

Mr. Newton. or Mrs. Graham

## A level Music - Benn Potts

Hello, my name is Benn Potts, and I am an A level music student here at Netherhall school. Alongside music, I currently study applied science and IT. So far in music lessons I have learnt how to read, write, and understand musical notation, as well as studying key elements of music like tempo, pitch, dynamics and texture. We are also covering a variety of jazz standards that are an important part of a musician's repertoire, as they are great examples of useful techniques like call and response, rhythmic stabs, and the use of musical elements to display different emotions and or meanings into music, as well as keeping the listener interested.

Music is a very useful subject, because it coincides with other subjects like English, art and photography as all these subjects require a degree of creativity, and music can greatly aid these. Music can also lead you down many different careers like teaching, music technology, composing and performing.

The music department offers a wide range of extra-curricular opportunities. I currently participate in guitar (bass and ukulele) club and jam club, and I am part of the school band. The department also offers after-school sessions in instrumental skills, guitar and choir.

Students have full access to the instruments in the music department, and to the practice rooms where they can rehearse without distractions. Anyone, regardless of skill level, can come and practice.

I can see myself going down a music route in the future. Music is a great interest of mine and to pursue it from a career standpoint sounds like something I am definitely considering, and working with excellent music department at Netherhall school has inspired me even more.



## Useful Information

- Main School Reception - 01900 813434
- Netherhall Community Sports Centre - 01900 813434 - Option 3
- Email: [office@netherhall.cumbria.sch.uk](mailto:office@netherhall.cumbria.sch.uk)
- School Website: [www.netherhall.cumbria.sch.uk](http://www.netherhall.cumbria.sch.uk)



*“Students have considerable respect for their teachers because they believe their teachers are doing a great job.” - Ofsted, 2018*