




Netherhall School: Careers Programme – Key Stage 5



| CDI Framework Learning Area | Key Stage 5 Learning aims | Year 12 | Year 13 |
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| <p>Grow throughout life</p>  <p>Grow throughout life by learning and reflecting on yourself, your background, and your strengths</p> <p><i>1,2,3,8,10</i></p> | <ul style="list-style-type: none"> actively seeking out help, support and feedback taking responsibility for their learning and aiming high seeking out challenges and opportunities for development reflecting on and recording achievements, experiences and learning and communicating them to others planning their next steps in learning and work discussing and reflecting on the impact of heritage, identity and values | <p>UCAS support sessions and application writing.</p> <p>University visit – raising aspirations.</p> <p>PD lessons.</p> <p>Termly assessment data and effort scores – reflection from students and actions from Head of Sixth Form for key students.</p> <p>Unifrog – personality quiz – career roles matching personality results.</p> <p>PHSE curriculum.</p> <p>Dream Placement.</p> <p>Social Action Project.</p> | <p>UCAS personal statements.</p> <p>PD lessons.</p> <p>Termly assessment data and effort scores – reflection from students and actions from Head of Sixth Form for key students.</p> <p>Unifrog – interest profile – career roles matching your interests and skills sets.</p> <p>PHSE curriculum.</p> <p>Social Action Project.</p> |
| <p>Explore possibilities</p>  <p>Explore the full range of possibilities open to you and learn about recruitment processes and the culture of different workplaces</p> <p><i>7,10,16</i></p> | <ul style="list-style-type: none"> having a clear understanding of the learning pathways and qualifications that they will need to pursue their career actively researching and reflecting on workplaces, workplace culture and expectations analysing and preparing for recruitment and selection processes | <p>Enrichment opportunities across the curriculum – including employers visiting lessons, visits out to workplaces and project working.</p> <p>GEN2 information sessions – higher and degree apprenticeship routes.</p> <p>Unifrog – ‘universities’, ‘apprenticeships’ searches and filtering.</p> <p>Mock interviews.</p> <p>Work Experience week.</p> <p>Speakers for School – individual work experience opportunities.</p> <p>Key stage 5 destinations.</p> | <p>Enrichment opportunities across the curriculum – including employers visiting lessons, visits out to workplaces and project working.</p> <p>Assemblies with qualification levels, the difference in post-18 routes and where these can lead.</p> <p>GEN2 workshops and application advice – higher and degree apprenticeship routes.</p> <p>Unifrog – ‘universities’, ‘apprenticeships’ searches and filtering.</p> <p>Hello Future mentoring and application support – CCOP students.</p> <p>Key stage 5 destinations.</p> |
| <p>Manage career</p>  <p>Manage your career actively, make the most of opportunities and learn from setbacks</p> <p><i>4,11,15,17</i></p> | <ul style="list-style-type: none"> being able to describe the concept of career and say what it means to them building their confidence and optimism about their future and acting on it actively planning, prioritising and setting targets for their future considering the risks and rewards of different pathways and career and deciding between them managing the transition into the post-16 learning context and preparing for post-18 transitions being proactive about being resilient and learning from setbacks | <p>Work Experience week.</p> <p>Use of ‘locker’ within Unifrog to store experiences and applications of employability skills.</p> <p>Mentoring from Head of Sixth Form where applicable.</p> <p>Talks from employers and HE providers to provide insight into their career pathways, routes into their profession etc.</p> <p>School council opportunities.</p> <p>Development of employability skills throughout the curriculum and outside of school, as shown in LTPs.</p> <p>1-1 careers guidance (Inspira).</p> <p>Careers section of the website contains parent and student areas with events, resources, useful websites and more information about post-16 and post-18.</p> | <p>Use of ‘locker’ within Unifrog to store experiences and applications of employability skills.</p> <p>Mentoring from Head of Sixth Form where applicable.</p> <p>Development of employability skills throughout the curriculum and outside of school, as shown in LTPs.</p> <p>Talks from employers and HE providers to provide insight into their career pathways, routes into their profession etc.</p> <p>UCAS application process.</p> <p>Unifrog – Apprenticeship searches and application process.</p> <p>Careers section of the website contains parent and student areas with events, resources, useful websites and more information about post-16 and post-18.</p> |
| <p>Create opportunities</p>  <p>Create opportunities by being proactive and building positive relationships with others</p> | <ul style="list-style-type: none"> building and maintaining relationships and networks within and beyond the school being proactive about their life, learning and career being creative and agile as they develop their career pathway representing themselves and others acting as a leader, role model or as an example to others considering entrepreneurialism and self-employment as a career pathway | <p>Local and national competitions e.g. UKMT Maths Challenge, Physics and Biology Olympiad.</p> <p>Work experience week.</p> <p>UCAS Fair, Carlisle.</p> <p>Higher & Further Education Fair – opportunity to speak to various post-18 providers.</p> <p>Whole school council opportunities.</p> <p>Paired reading with younger students.</p> <p>iDEA Award.</p> | <p>Inspira Virtual Careers Fair.</p> <p>UCAS Fair, Carlisle.</p> <p>iDEA Award.</p> <p>Whole school council opportunities.</p> <p>Paired reading with younger students.</p> <p>Higher & Further Education Fair – opportunity to speak to various post-18 providers.</p> <p>Enrichment opportunities such as Sports Leader.</p> <p>EPQ and Core Maths additional qualifications.</p> |

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| <p>12,14</p> | | <p>EPQ and Core Maths additional qualifications.</p> <p>Enrichment opportunities such as Sports Leader.</p> | <p>Enrichment opportunities such as Sports Leader.</p> |
| <p>Balance life and work</p>  <p>Balance your life as a worker and/or entrepreneur with your wellbeing, other interests and your involvement with your family and community</p> <p>9,13</p> | <ul style="list-style-type: none"> • planning for the kind of balance of work and life that they want • taking action to improve their physical and mental wellbeing • beginning to manage their own money and plan their finances (e.g. thinking about student loans) • actively shaping their involvement in their family and community as part of their career planning • planning for different life stages and considering the different life roles that they want to play • being aware of their role in ensuring rights and responsibilities in the workplace and in society • taking action to challenge prejudice, stereotypes and discrimination in learning and workplaces when they encounter them | <p>Health and safety rules within subjects such as science, PE and technology</p> <p>University of Cumbria visits – including student union and halls, discuss costing etc.</p> <p>Challenging stereotypes in the workplace – Women in STEM activities, resources from Cumbria Careers Hub, men in nursing/social care etc.</p> <p>Apprenticeship v University debate – pros and cons of both routes, where they can lead, financial impacts long and short term etc.</p> <p>Work Experience week – reflection on the impact of businesses and their structures.</p> <p>Sixth Form Council – election of roles of responsibility.</p> <p>Organisation of charity events including Bake Sales, Christmas Jumper Day and others.</p> <p>Duke of Edinburgh – volunteering opportunities.</p> | <p>Health and safety rules within subjects such as science, PE and technology</p> <p>University of Cumbria visits – including student union and halls, discuss costing etc.</p> <p>Challenging stereotypes in the workplace – Women in STEM activities, resources from Cumbria Careers Hub, men in nursing/social care etc.</p> <p>Student Finance workshop – exploring the financial implications of university, funding and bursaries available.</p> <p>Head Boy and Head Girl application process and interviews.</p> <p>Duke of Edinburgh – volunteering opportunities.</p> |
| <p>See the big picture</p>  <p>See the big picture by paying attention to how the economy, politics and society connect with your own life and career</p> <p>5,6</p> | <ul style="list-style-type: none"> • evaluating different media, information sources and viewpoints and reflecting on the best way to get information for their career • exploring and responding to local and national labour market trends exploring and responding to trends in technology and science • exploring and responding to the relationship between career and the environment • exploring and responding to the relationship between career, community and society • exploring and responding to the relationship between career, politics and the economy | <p>Whole school council opportunities.</p> <p>PD lessons – local and national LMI.</p> <p>PD lessons – Jobs of the Future.</p> <p>NCS programme.</p> <p>Paired reading with younger students struggling with literacy.</p> <p>Work Experience week – reflection on the impact of businesses and their structures.</p> <p>Careers in the Curriculum – departments focus upon careers more prevalent in the local area e.g. engineering, health and social care, nuclear and construction.</p> <p>Cumbria Youth Alliance – Social Action Project.</p> | <p>Careers in the Curriculum – departments focus upon careers more prevalent in the local area e.g. engineering, health and social care, nuclear and construction.</p> <p>Whole school council opportunities.</p> <p>PD lessons – local and national LMI.</p> <p>PD lessons – Jobs of the Future.</p> <p>Paired reading with younger students struggling with literacy.</p> <p>Cumbria Youth Alliance – Social Action Project.</p> |