		Year 12	
		Autumn half term 1	
	Unit 8 Organisation of sports events	Unit 1 Body systems and the effect of physical activity	Unit 18 Practical skills in sport and physical activity
Activity content Skills used	Know different types of sports events and their purpose Know the different roles and responsibilities involved in the planning and delivery of sports events	Understand the skeletal system in relation to exercise and physical activity The axial and appendicular skeletons / Structure and function of the vertebral column The functions of the skeleton and the link to types of bone Classifications of joints / The types of synovial joint / Structures and functions of synovial joints / Joint movements The impact of physical activity, training and lifestyle on the skeletal system Understand the muscular system in relation to exercise and physical activity Main muscles acting at synovial joints Types of muscle function	P8: Describe the roles and responsibilities of officials in sport and physical activity P9: Officiate a competitive game or performance situation effectively, applying the rules and regulations accurately M3: Communicate clearly and effectively with participants while officiating a competitive game or performance situation M4: Demonstrate consistency and confidence in decision-making D3: Justify decisions made as an official and how positioning supported the accurate and appropriate application of rules and regulations
Assessment / moderation	P1*: Describe different types of sports events and their purpose, using examples P2*: Outline roles and responsibilities of individuals involved in planning and delivering sports events M1: Assess the potential impact on an event if each role and responsibility is not carried out effectively	Ongoing informal assessment against exam criteria. End of unit test for skeletal system.	To be moderated by the class teacher against the criteria stated above.
Key Vocab	Tier 3 words: Tournament, Participative, Environmental, Educational, Official, Marketing, Outdoor and Adventurous Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise, Review	Tier 3 words: Axial skeleton, Appendicular skeleton, functions, Classifications of joints, synovial, Structures Also -Full names of muscles, bones and names of joints and parts in exercise books. Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise, Review	Positioning, communication, referee, umpire, official, rules, regulations, confidence, accuracy, consistency. Creativity and flair, adaptability, Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise, Review
Careers Linked roles	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.
Employability	See link on last page for more detail. Aiming high, Listening, Presenting, Problem solving, Staying positive,	See link on last page for more detail. Aiming high, Listening, Presenting, Problem solving, Staying positive,	See link on last page for more detail. Aiming high, Listening, Presenting, Problem solving, Staying positive,
skills	Literacy, Independence, Communication	Literacy, Independence, Communication	Literacy, Independence, Communication
Prior learning and misconceptions	Builds on from BTEC unit 6 Misconceptions highlighted in content	Builds on from parts of KS4 Science and BTEC unit 3 and GCSE PE Misconceptions highlighted in content.	This unit builds on their skills, technique and tactics that they have gained over the previous 5 years in school and sports clubs, competitions they have been involved within.
Homework/reading tasks	Research tasks on sports events Complete assessment criteria from content in supervised study	Research tasks, Exam questions	Participate in competitions relevant to their sport and gain video evidence during competition.
		Autumn half term 2	0 1 Marin
	Unit 8 Organisation of sports events	Unit 1 Body systems and the effect of physical activity	Unit 18 Practical skills in sport and physical activity

Activity conten Skills used	nt	Be able to plan and promote a sports event	Understand the muscular system in relation to exercise and physical activity Types of muscle contraction	P8: Describe the roles and responsibilities of officials in sport and physical activity P9: Officiate a competitive game or performance situation
			 Structure and function of muscle fibre types Link between mix of fibre types and performance The impact of physical activity, training and lifestyle on the muscular system Understand the cardiovascular system in relation to exercise and physical activity The structures of the heart and their roles 	effectively, applying the rules and regulations accurately M3: Communicate clearly and effectively with participants while officiating a competitive game or performance situation M4: Demonstrate consistency and confidence in decision-making D3: Justify decisions made as an official and how positioning supported the accurate and appropriate application of rules and regulations
			Stroke volume, heart rate and cardiac output	
Assessment / n	noderation	P3: Plan a safe and effective sports event M3: Explain in detail areas of health and safety, contingency and	Ongoing informal assessment against exam criteria. End of unit test for muscles.	To be moderated by the class teacher against the criteria stated above.
		M2: Explain in detail areas of health and safety, contingency and		
		feasibility and the impact these areas may have on the event P4: Promote a sports event using appropriate materials and methods		
		M3: Explain the impact of promotional material on the event		
		D1: Evaluate the promotional material produced, justifying the choice of promotional material used		
Key Vocab		Tier 3 words: Promotional material, objectives, feasibility, competitive, contingency	Tier 3 words: Axial skeleton, Appendicular skeleton, functions, Classifications of joints, synovial, Cardiovascular Structures, Stroke Volume, Heart rate, Cardiac output Also -Full names of muscles, bones and names of joints and parts in exercise books.	Positioning, communication, referee, umpire, official, rules, regulations, confidence, accuracy, consistency. Creativity and flair, adaptability
		Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise, Review	Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise, Review	Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise, Review
Careers	Linked roles	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.
		See link on last page for more detail.	See link on last page for more detail.	See link on last page for more detail.
	Employability skills	Aiming high, Listening, Presenting, Problem solving, Staying positive, Literacy, Numeracy, Independence, Communication	Aiming high, Listening, Presenting, Problem solving, Staying positive, Literacy, Independence, Communication	Aiming high, Listening, Presenting, Problem solving, Staying positive Literacy, Independence, Communication
Prior learning a	and misconceptions	Recap previous term Builds on from BTEC unit 6 Misconceptions – often students do not understand the difference between risks and hazards	Recap previous term Builds on from parts of KS4 Science and BTEC unit 3 and GCSE PE Misconceptions highlighted in content.	This unit builds on their skills, technique and tactics that they have gained over the previous 5 years in school and sports clubs, competitions they have been involved within.
Homework/rea	ading tasks	Research tasks on different types of promotional material Complete assessment criteria from content in supervised study	Research tasks, Exam questions	Participate in competitions relevant to their sport and gain video evidence during competition.
			Spring half term 1	
		Unit 8	Unit 1	Unit 18
A . 1 * * ·		Organisation of sports events	Body systems and the effect of physical activity	Practical skills in sport and physical activity
Activity conten Skills used	nt	Be able to participate in the delivery of a sports event	Understand the cardiovascular system in relation to exercise and physical activity • Structure of blood vessels	P1: Demonstrate effective selection and execution of skills and techniques in an individual sport.

			Components and functions of blood	P2: Demonstrate effective selection of tactics and strategies during
			Vascular shunt mechanism and the role of arterioles and	performance.
			pre-capillary sphincters	P3: Manage and maintain own performance appropriately.
			The impact of physical activity, training and lifestyle on the	M1: Demonstrate understanding of the sport and awareness of own
			cardiovascular system.	performance and that of opponent(s) through decision-making and
				adaptability during performance.
			Understand the respiratory system in relation to exercise and	D1: Demonstrate creativity and flair during performance
			physical activity	
			The structures of the lungs and their roles	
			 Respiratory muscles used during exercise 	
Assessment / r	moderation	P5: Participate in the delivery of a sports event, describing own roles	Ongoing informal assessment against exam criteria.	To be moderated by the class teacher against the criteria stated
1		and responsibilities	End of unit test for cardiovascular system	above.
		M4: Carry out different roles in a sports event effectively		
Key Vocab		Tier 3 words: Responsibilities, Officiating, Roles, Resources,	Tier 3 words: Cardiovascular Structures, Stroke Volume, Heart rate,	Tier 3 words: Skills, technique, tactics, creativity, flair, manage,
		Communication, Decision-making	Cardiac output, Tidal Volume, Gaseous exchange	maintain, adaptability, strategy
		Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss,	Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss,	Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss,
		Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise,	Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest,	Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest,
		Review	Summarise, Review	Summarise, Review
Careers	Linked roles	PE Teaching, Coaching, sports science, player, Personal trainer,	PE Teaching, Coaching, sports science, player, Personal trainer,	PE Teaching, Coaching, sports science, player, Personal trainer,
		Fitness instructor, referee, leisure centre worker, Physiotherapist,	Fitness instructor, referee, leisure centre worker, Physiotherapist,	Fitness instructor, referee, leisure centre worker, Physiotherapist,
		Chiropractor.	Chiropractor.	Chiropractor.
		See link on last page for more detail.	See link on last page for more detail.	See link on last page for more detail.
	Employability	Aiming high, Listening, Presenting, Problem solving, Staying positive,	Aiming high, Listening, Presenting, Problem solving, Staying	Aiming high, Listening, Presenting, Problem solving, Staying positive,
n.t. d	skills	Literacy, Numeracy, Independence, Communication	positive, Literacy, Numeracy, Independence, Communication	Literacy, Independence, Communication
Prior learning a	and misconceptions	Recap previous term	Recap previous term	Follow on from previous work and builds on pupils playing skills,
		Builds on from BTEC unit 6	from previous term Builds on from parts of KS4 Science and BTEC unit 3 and GCSE PE	teamwork and tactical knowledge.
		Misconceptions – Students often do not understand the difference between roles and responsibilities	Misconceptions highlighted in content.	Misconceptions highlighted in content.
Homework/rea	ading tacks	Support in lower schools' practical lessons as a coach	Research tasks,	Participate in competitions relevant to their sport and gain video
Homework/rea	auliig tasks	Complete assessment criteria from content in supervised study	Exam questions	evidence during competition.
		complete assessment enteria from content in supervised study	Spring half term 2	evidence during competition.
		Unit 8	Unit 1	11
				Unit 18
		Organisation of sports events	Body systems and the effect of physical activity	Practical skills in sport and physical activity
Activity conter	nt		Body systems and the effect of physical activity Understand the respiratory system in relation to exercise and	Practical skills in sport and physical activity P1: Demonstrate effective selection and execution of skills and
Activity conter	nt	Organisation of sports events	Body systems and the effect of physical activity Understand the respiratory system in relation to exercise and physical activity	Practical skills in sport and physical activity P1: Demonstrate effective selection and execution of skills and techniques in an individual sport.
-	nt	Organisation of sports events	Body systems and the effect of physical activity Understand the respiratory system in relation to exercise and physical activity • The mechanics of breathing	Practical skills in sport and physical activity P1: Demonstrate effective selection and execution of skills and techniques in an individual sport. P2: Demonstrate effective selection of tactics and strategies during
· ·	nt	Organisation of sports events	Body systems and the effect of physical activity Understand the respiratory system in relation to exercise and physical activity The mechanics of breathing Gaseous exchange at the alveoli	Practical skills in sport and physical activity P1: Demonstrate effective selection and execution of skills and techniques in an individual sport. P2: Demonstrate effective selection of tactics and strategies during performance.
-	nt	Organisation of sports events	Body systems and the effect of physical activity Understand the respiratory system in relation to exercise and physical activity The mechanics of breathing Gaseous exchange at the alveoli Tidal volume, breathing frequency and minute Ventilation	P1: Demonstrate effective selection and execution of skills and techniques in an individual sport. P2: Demonstrate effective selection of tactics and strategies during performance. P3: Manage and maintain own performance appropriately.
-	nt	Organisation of sports events	Body systems and the effect of physical activity Understand the respiratory system in relation to exercise and physical activity The mechanics of breathing Gaseous exchange at the alveoli Tidal volume, breathing frequency and minute Ventilation The impact of physical activity, training and lifestyle on the	P1: Demonstrate effective selection and execution of skills and techniques in an individual sport. P2: Demonstrate effective selection of tactics and strategies during performance. P3: Manage and maintain own performance appropriately. M1: Demonstrate understanding of the sport and awareness of own
_	nt	Organisation of sports events	Body systems and the effect of physical activity Understand the respiratory system in relation to exercise and physical activity The mechanics of breathing Gaseous exchange at the alveoli Tidal volume, breathing frequency and minute Ventilation	Practical skills in sport and physical activity P1: Demonstrate effective selection and execution of skills and techniques in an individual sport. P2: Demonstrate effective selection of tactics and strategies during performance. P3: Manage and maintain own performance appropriately. M1: Demonstrate understanding of the sport and awareness of own performance and that of opponent(s) through decision-making and
_	nt	Organisation of sports events	Understand the respiratory system in relation to exercise and physical activity The mechanics of breathing Gaseous exchange at the alveoli Tidal volume, breathing frequency and minute Ventilation The impact of physical activity, training and lifestyle on the respiratory system	Practical skills in sport and physical activity P1: Demonstrate effective selection and execution of skills and techniques in an individual sport. P2: Demonstrate effective selection of tactics and strategies during performance. P3: Manage and maintain own performance appropriately. M1: Demonstrate understanding of the sport and awareness of own performance and that of opponent(s) through decision-making and adaptability during performance.
_	nt	Organisation of sports events	Understand the respiratory system in relation to exercise and physical activity The mechanics of breathing Gaseous exchange at the alveoli Tidal volume, breathing frequency and minute Ventilation The impact of physical activity, training and lifestyle on the respiratory system Understand the different energy systems in relation to exercise and	Practical skills in sport and physical activity P1: Demonstrate effective selection and execution of skills and techniques in an individual sport. P2: Demonstrate effective selection of tactics and strategies during performance. P3: Manage and maintain own performance appropriately. M1: Demonstrate understanding of the sport and awareness of own performance and that of opponent(s) through decision-making and
_	nt	Organisation of sports events	Understand the respiratory system in relation to exercise and physical activity The mechanics of breathing Gaseous exchange at the alveoli Tidal volume, breathing frequency and minute Ventilation The impact of physical activity, training and lifestyle on the respiratory system Understand the different energy systems in relation to exercise and physical activity	Practical skills in sport and physical activity P1: Demonstrate effective selection and execution of skills and techniques in an individual sport. P2: Demonstrate effective selection of tactics and strategies during performance. P3: Manage and maintain own performance appropriately. M1: Demonstrate understanding of the sport and awareness of own performance and that of opponent(s) through decision-making and adaptability during performance.
_	nt	Organisation of sports events	Understand the respiratory system in relation to exercise and physical activity The mechanics of breathing Gaseous exchange at the alveoli Tidal volume, breathing frequency and minute Ventilation The impact of physical activity, training and lifestyle on the respiratory system Understand the different energy systems in relation to exercise and physical activity The three energy systems	Practical skills in sport and physical activity P1: Demonstrate effective selection and execution of skills and techniques in an individual sport. P2: Demonstrate effective selection of tactics and strategies during performance. P3: Manage and maintain own performance appropriately. M1: Demonstrate understanding of the sport and awareness of own performance and that of opponent(s) through decision-making and adaptability during performance.
_	nt	Organisation of sports events	Understand the respiratory system in relation to exercise and physical activity The mechanics of breathing Gaseous exchange at the alveoli Tidal volume, breathing frequency and minute Ventilation The impact of physical activity, training and lifestyle on the respiratory system Understand the different energy systems in relation to exercise and physical activity The three energy systems The energy continuum and how intensity and duration of	Practical skills in sport and physical activity P1: Demonstrate effective selection and execution of skills and techniques in an individual sport. P2: Demonstrate effective selection of tactics and strategies during performance. P3: Manage and maintain own performance appropriately. M1: Demonstrate understanding of the sport and awareness of own performance and that of opponent(s) through decision-making and adaptability during performance.
_	nt	Organisation of sports events	Understand the respiratory system in relation to exercise and physical activity The mechanics of breathing Gaseous exchange at the alveoli Tidal volume, breathing frequency and minute Ventilation The impact of physical activity, training and lifestyle on the respiratory system Understand the different energy systems in relation to exercise and physical activity The three energy systems	Practical skills in sport and physical activity P1: Demonstrate effective selection and execution of skills and techniques in an individual sport. P2: Demonstrate effective selection of tactics and strategies during performance. P3: Manage and maintain own performance appropriately. M1: Demonstrate understanding of the sport and awareness of own performance and that of opponent(s) through decision-making and adaptability during performance.

Assessment / moderation	P6: Review the planning and delivery of a sports event, identifying strengths and areas for improvement P7: Evaluate own effectiveness in the delivery of a sports event M5: Create a personal development plan based on strengths and areas for improvement D2: Evaluate own contribution during the delivery of a sports event and adapt approach where necessary	Ongoing informal assessment against exam criteria. End of unit test for cardiovascular system	To be moderated by the class teacher against the criteria stated above.
Key Vocab	Tier 3 words: Assessment, Feedback, Weaknesses, Strengths	Tier 3 words: Partial pressure gradient, energy continuum, Kreb cycle, ATP, ADP, by-product, aerobic, anaerobic.	Tier 3 words: Skills, technique, tactics, creativity, flair, manage, maintain, adaptability, strategy
	Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise, Review	Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise, Review	Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise, Review
Careers Linked roles	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.
Employability skills	See link on last page for more detail. Aiming high, Creativity, Leadership, Listening, Presenting, Problem solving, Staying positive, Teamwork, Literacy, Numeracy, Independence, Communication	See link on last page for more detail. Aiming high, Listening, Presenting, Problem solving, Staying positive, Literacy, Independence, Communication	See link on last page for more detail. Aiming high, Listening, Presenting, Problem solving, Staying positive, Literacy, Independence, Communication
Prior learning and misconceptions	Recap previous term Builds on from BTEC unit 6 Misconceptions – Students often struggle with constructive criticism for themselves and others	Recap previous term from previous term Builds on from parts of KS4 Science and BTEC unit 3 and GCSE PE Misconceptions highlighted in content.	Follow on from previous work and builds on pupils playing skills, teamwork and tactical knowledge. Misconceptions highlighted in content.
Homework/reading tasks	Complete assessment criteria from content in supervised study	Research tasks, Exam questions	Participate in competitions relevant to their sport and gain video evidence during competition.
		Summer half term 1	
	Unit 8 Organisation of sports events	Unit 1 Body systems and the effect of physical activity	Unit 18 Practical skills in sport and physical activity
Activity content Skills used	Be able to review the planning and delivery of a sports event	 Exam / revision on the following areas: Understand the skeletal system in relation to exercise and physical activity Understand the muscular system in relation to exercise and physical activity Understand the cardiovascular system in relation to exercise and physical activity Understand the respiratory system in relation to exercise and physical activity 	P4: Demonstrate effective selection and execution of skills and techniques in a team sport P5: Demonstrate effective performance and communication of tactics and strategies P6: Fulfil own role within a team performance effectively M2: Demonstrate understanding of the sport and awareness of performance of teammates and opponent(s), through decision-making and adaptability during performance D2: Demonstrate creativity and flair during performance, appropriate to the needs of the team P7: Demonstrate effective use of skills and knowledge to safely participate in an outdoor or adventurous activity
Assessment / moderation	P6: Review the planning and delivery of a sports event, identifying strengths and areas for improvement P7: Evaluate own effectiveness in the delivery of a sports event M5: Create a personal development plan based on strengths and areas for improvement D2: Evaluate own contribution during the delivery of a sports event and adapt approach where necessary	Exam questions based on above learning aims. Past papers	To be moderated by the class teacher against the criteria stated above.

Key Vocab		Tier 3 words: Assessment, Feedback, Weaknesses, Strengths	See previous	Tier 3 words: Skills, technique, tactics, creativity, flair, manage,
				maintain, adaptability, team work, awareness, strategy
		Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise, Review		Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise, Review
Careers	Linked roles	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.
		See link on last page for more detail.	See link on last page for more detail.	See link on last page for more detail.
	Employability skills	Aiming high, Creativity, Leadership, Listening, Presenting, Problem solving, Staying positive, Teamwork, Literacy, Numeracy, Independence, Communication	Aiming high, Listening, Problem solving, Staying positive, Literacy, Numeracy, Independence, Communication	Aiming high, Listening, Presenting, Problem solving, Staying positive, Literacy, Independence, Communication
Prior learning and r	misconceptions	Recap previous term Builds on from BTEC unit 6 Misconceptions – Students often struggle with constructive criticism for themselves and others	Recap and revision of prior year 12 leaning Misconceptions – Exam/revision technique	Follow on from previous work and builds on pupils playing skills, teamwork and tactical knowledge. Misconceptions highlighted in content.
Homework/reading	g tasks	Complete assessment criteria from content in supervised study	Exam questions	Participate in competitions relevant to their sport and gain video evidence during competition.
			Summer – half term 2	
		Unit 8	Unit 3	Unit 18
		Organisation of sports events	Sports organisation and development	Practical skills in sport and physical activity
Activity content Skills used	oration	Be able to review the planning and delivery of a sports event	Introduction to Unit 3 & Understand how sport in the UK is organised Organisations involved in sport in the UK Roles and responsibilities of sports organisations in the UK International organisations which impact UK sport How the different organisations interact	P4: Demonstrate effective selection and execution of skills and techniques in a team sport P5: Demonstrate effective performance and communication of tactics and strategies P6: Fulfil own role within a team performance effectively M2: Demonstrate understanding of the sport and awareness of performance of teammates and opponent(s), through decision-making and adaptability during performance D2: Demonstrate creativity and flair during performance, appropriate to the needs of the team P7: Demonstrate effective use of skills and knowledge to safely participate in an outdoor or adventurous activity
Assessment / mode	eration	P6: Review the planning and delivery of a sports event, identifying strengths and areas for improvement P7: Evaluate own effectiveness in the delivery of a sports event M5: Create a personal development plan based on strengths and areas for improvement D2: Evaluate own contribution during the delivery of a sports event and adapt approach where necessary	Ongoing informal assessment against exam criteria. End of topic test	To be moderated by the class teacher against the criteria stated above.
Key Vocab		Tier 3 words: Assessment, Feedback, Weaknesses, Strengths	Tier 3 words: Government, DDCMS, DfE, DH, NGB, UK Sport, Sport England	Tier 3 words: Skills, technique, tactics, creativity, flair, manage, maintain, adaptability, team work, awareness, strategy
		Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise, Review	Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise, Review	Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise, Review

Careers	Linked roles	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.
		See link on last page for more detail.	See link on last page for more detail.	See link on last page for more detail.
	Employability skills	Aiming high, Creativity, Leadership, Listening, Presenting, Problem solving, Staying positive, Teamwork, Literacy, Numeracy, Independence, Communication	Aiming high, Listening, Presenting, Problem solving, Staying positive, Literacy, Independence, Communication	Aiming high, Listening, Presenting, Problem solving, Staying positive, Literacy, Independence, Communication
Prior learning and	d misconceptions	Recap previous term Builds on from BTEC unit 6 Misconceptions – Students often struggle with constructive criticism for themselves and others	Builds on learning from Unit 1, 2 and 8 Misconceptions highlighted in content	Follow on from previous work and builds on pupils playing skills, teamwork and tactical knowledge. Misconceptions highlighted in content.
Homework/readi	ng tasks	Complete assessment criteria from content in supervised study	Research tasks & Further reading Exam questions	Participate in competitions relevant to their sport and gain video evidence during competition.
A st. the second second				
Activity content Skills used		Introduction to unit 2. P1: Describe the roles and responsibilities of sports coaches and activity leaders P2: Describe how sports coaches and activity leaders support a healthy active lifestyle P3: Compare the different roles and responsibilities of those involved in teaching and delivering sport		
Assessment / mo	deration	Assessment against course work criteria.		
Key Vocab		Tier 3 words: role model, motivator, planner, instructor, mentor, facilitator, demonstrator, adviser, supporter, fact finder, counsellor, organiser, sets agreed ground rules, fair, consistent, ethical, duty of care, safeguard, assess risk, promote health and wellbeing, codes of conduct, importance of being a role model, rules and regulations of the sport or activity		
		Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise, Review		
Careers	Linked roles	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.		
		See link on last page for more detail.		
	Employability	Aiming high, Listening, Presenting, Staying positive, Literacy,		
Drior loarning and	skills	Independence, Works with unit 8- very similar.		
Prior learning and	imisconceptions	Builds on from unit 6 completed in BTEC		
Homework/readi	ng tasks	Research tasks- on leaders and responsibilities and roles. List the differences between a Teacher/coach/leader What is a health/active lifestyle? Misconceptions highlighted in content.		

			Year 13	
			Autumn half term 1	
		Unit 2 Sports coaching and activity leadership	Unit 3 Sports organisation and development	Unit 18 Practical skills in sport and physical activity
Activity conter Skills used	nt	P4: Explain how different leadership styles and personalities can support different stages of group development M1: Evaluate the importance of different attributes in supporting the principles of leadership and group dynamics P4: Explain how different leadership styles and personalities can support different stages of group development – Practical work based on badminton- pupils identify 4 weaknesses and type of skills and ways to improve. M1: Evaluate the importance of different attributes in supporting the principles of leadership and group dynamics.	Understand sports development What sports development is The purpose of sports development The sports development continuum levels Target groups	Complete any outstanding competition videos or gain more video evidence if needed before moderation in January.
Assessment / r	moderation	Assessment against course work criteria.	Ongoing informal assessment against exam criteria. End of topic test	Video moderation of all Criteria for unit 18
Key Vocab		Tier 3 words: autocratic, democratic, laissez-faire, aggressive, passive, introvert, extrovert, NACH, NAF, type a, type b open/closed, gross/fine, simple/ discrete/serial/continuous, continuous, whole. Part, whole-part-whole, variably, fixed, massed	Tier 3 words: Sports development, continuum, foundation, participation, performance, excellence	Tier 3: Positioning, communication, referee, umpire, official, rules, regulations, confidence, accuracy, consistency, skills, technique, tactics, creativity, flair, manage, maintain, adaptability, team work, awareness, strategy
		Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise, Review	Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise, Review	Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest, Summarise, Review
Careers	Linked roles	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.
		See link on last page for more detail.	See link on last page for more detail.	See link on last page for more detail.
	Employability skills	Aiming high, Listening, Presenting, Problem solving, Staying positive, Literacy, Numeracy, Independence, Communication	Aiming high, Listening, Presenting, Problem solving, Staying positive, Literacy, Independence, Communication	Aiming high, Listening, Presenting, Problem solving, Staying positive, Literacy, Independence, Communication
Prior learning a	and misconceptions	Continues from last term. Works with unit 8- very similar. Builds on from unit 6 completed in BTEC Misconceptions highlighted in content.	Builds on learning from Unit 1, 2 and 8 Misconceptions highlighted in content	Follow on from previous work and builds on pupils playing skills, teamwork and tactical knowledge. Misconceptions highlighted in content.
Homework/rea	ading tasks	Research different types of leaders – what are their attributes, What are the stages of group development? Outline each stage	Research tasks & Further reading Exam questions	Participate in competitions relevant to their sport and gain video evidence during competition.
			Autumn half term 2	
		Unit 2 Sports coaching and activity leadership	Unit 3 Sports organisation and development	Unit 18 Practical skills in sport and physical activity
Activity conter Skills used	nt	P5: Demonstrate methods used to improve skills, techniques and tactics in sport – Practical pictures of badminton with annotation.	Understand how the impact of sports development can be measured Possible measures Methods	Complete any outstanding competition videos or gain more video evidence if needed before moderation in January.

		M2: Evaluate the effectiveness of different methods of measuring	Purposes of mea	surement	
		improvement in skills, techniques and tactics			
		DC. Establish continue and a second s			
		P6: Establish participants' needs for sports or activity sessions P7: Plan effective sports/activity sessions which are appropriate to			
		participants' needs and include SMART goals – to be done on session			
		plan			
		M3: Plan a series of progressive, inclusive sports/activity sessions			
		based on participants' needs - to be done on session plan			
Assessment / m	noderation	Assessment against course work criteria.	Ongoing informal assessr	ment against exam criteria.	Video moderation of all Criteria for unit 18
, ,			End of topic test		
Key Vocab		Tier 3 words: open/closed, gross/fine, simple/	· · · · · · · · · · · · · · · · · · ·	ciety, survey, initiatives, policy, procedures	Tier 3: Positioning, communication, referee, umpire, official, rules,
		discrete/serial/continuous, continuous, whole. Part, whole-part-			regulations, confidence, accuracy, consistency, skills, technique,
		whole, variably, fixed, massed			tactics, creativity, flair, manage, maintain, adaptability, team work,
					awareness, strategy
		Ting 2 woods Analysis Assess Community Define Describe Discours	Tion 2anda. Anal As	Command Define Describe Discuss	Tion 2 wounder Amelian Access Common Define Describe Discuss
		Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss,	1	ssess, Compare, Define, Describe, Discuss,	Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss,
		Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest,		y, Justify, Outline, Plan, Suggest,	Evaluate, Explain, Identify, Justify, Outline, Plan, Suggest,
Caracra	Linked roles	Summarise, Review PE Teaching, Coaching, sports science, player, Personal trainer,	Summarise, Review	ports science, player, Personal trainer,	Summarise, Review RE Touching, Couching, sports science, player, Personal trainer
Careers	Linked roles	Fitness instructor, referee, leisure centre worker, Physiotherapist,		e, leisure centre worker, Physiotherapist,	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist,
		Chiropractor.	Chiropractor.	e, leisure centre worker, Physiotherapist,	Chiropractor.
		Cimopractor.	Ciliopiacioi.		Cimopractor.
		See link on last page for more detail.	See link on last page for r	more detail.	See link on last page for more detail.
	Employability	Aiming high, Creativity, Leadership, Listening, Presenting, Problem	Aiming high, Listening, Pr	resenting, Problem solving, Staying	Aiming high, Listening, Presenting, Problem solving, Staying positive,
	skills	solving, Staying positive, Teamwork, Literacy, Numeracy,	positive, Literacy, Indepe	endence, Communication	Literacy, Independence, Communication
		Independence, Communication			
Prior learning a	nd misconceptions	Continues from last term.	Builds on learning from U		Follow on from previous work and builds on pupils playing skills,
		Works with unit 8- very similar.	Misconceptions highlight	ted in content	teamwork and tactical knowledge.
		Builds on from unit 6 completed in BTEC			Misconceptions highlighted in content.
		Misconceptions highlighted in content.			
Homework/rea	ding tasks	Research tasks based on course work -What are Smarter targets	Research tasks & Further	reading	Participate in competitions relevant to their sport and gain video
		Research and create a PARQ	Exam questions		evidence during competition.
		Research different session plans online.			
			Spring half term	1	
		Unit 2			Unit 3
		Sports coaching and activity leadership		Spor	ts organisation and development
Activity content	t	P8-11 and D2 are practical activities run in year 7/8 lessons or after sc	hool	Understand sports development in practic	ce
Skills used		P8: Prepare a safe sports/activity environment appropriate to the part		Methods of delivering sports deve	elopment
		P9: Deliver warm-ups appropriate to the activities taking place in spor	ts/activity sessions	 Characteristics of sports develop 	ment initiatives and events
		P10: Deliver sports/activity sessions are adapted accordingly using effe	ective communication	 Advantages and disadvantages of sports development initiatives and events Benefits of sports development 	
		and motivation techniques			
		P11: Bring sports/activity sessions to an appropriate, planned conclusion	ion offering and obtaining		
		feedback to/from the participants involved			
		P10: Deliver sports/activity sessions are adapted accordingly			
		M4: Explain how participants' safety was maintained throughout spor	•		
		D2: Deliver a series of sports/activity sessions where the participants p	progression and needs are		
		continuously evaluated and sessions			

Assessment / r	moderation	Assessment against course work criteria.	Ongoing informal assessment against exam criteria.
			End of topic test
Key Vocab		Tier 3 words: Specific, Measurable, Achievable, Recorded, Time-phased	Tier 3 words: Accountability, Success, Characteristics
		Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify,	Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline,
		Justify, Outline, Plan, Suggest, Summarise, Review	Plan, Suggest, Summarise, Review
Careers	Linked roles	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee,	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre
		leisure centre worker, Physiotherapist, Chiropractor.	worker, Physiotherapist, Chiropractor.
		See link on last page for more detail.	See link on last page for more detail.
	Employability	Aiming high, Creativity, Leadership, Listening, Presenting, Problem solving, Staying positive,	Aiming high, Listening, Presenting, Problem solving, Staying positive, Literacy, Independence, Communication
	skills	Teamwork, Literacy, Numeracy, Independence, Communication	
Prior learning and misconceptions		Continues from last term.	Builds on learning from Unit 1, 2 and 8
•	•	Works with unit 8- very similar.	Misconceptions highlighted in content
		Builds on from unit 6 completed in BTEC	
		Misconceptions highlighted in content.	
Homework/rea	ading tasks	Research tasks on various skills needed within chosen sports.	Research tasks & Further reading
•	Ü	Research and compile a list of drills/ activities for each of the skills.	Exam questions
		Spring half term	
		Unit 2	Unit 3
		Sports coaching and activity leadership	Sports organisation and development
Activity conter	nt	P12: Evaluate the delivery of a sports/activity session compared to the plan and using the	Recap content, revise LO1, LO2, LO3, LO4
Skills used		feedback obtained from participants	Exam technique
		M5: Suggest changes to future sports/activity sessions with justifications	
Assessment / r	moderation	Assessment against course work criteria.	Practice exam questions
			End of topic test
Key Vocab			Tier 3 words: Accountability, Success, Characteristics
		Tier 2 words: Evaluate, review, analyse	Tier 2 words: Analyse, Assess, Compare, Define, Describe, Discuss, Evaluate, Explain, Identify, Justify, Outline,
•	11.1.1	DE Tanking Continue and a single part of the single	Plan, Suggest, Summarise, Review
Careers	Linked roles	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee,	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre
Careers	Linked roles	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.	
Careers		leisure centre worker, Physiotherapist, Chiropractor. See link on last page for more detail.	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor. See link on last page for more detail.
Careers	Linked roles Employability	leisure centre worker, Physiotherapist, Chiropractor.	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor.
Careers		leisure centre worker, Physiotherapist, Chiropractor. See link on last page for more detail.	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor. See link on last page for more detail.
	Employability	leisure centre worker, Physiotherapist, Chiropractor. See link on last page for more detail. Aiming high, Creativity, Leadership, Listening, Presenting, Problem solving, Staying positive,	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor. See link on last page for more detail.
	Employability skills	leisure centre worker, Physiotherapist, Chiropractor. See link on last page for more detail. Aiming high, Creativity, Leadership, Listening, Presenting, Problem solving, Staying positive, Teamwork, Literacy, Numeracy, Independence, Communication	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor. See link on last page for more detail. Aiming high, Listening, Presenting, Problem solving, Staying positive, Literacy, Independence, Communication
	Employability skills	leisure centre worker, Physiotherapist, Chiropractor. See link on last page for more detail. Aiming high, Creativity, Leadership, Listening, Presenting, Problem solving, Staying positive, Teamwork, Literacy, Numeracy, Independence, Communication Continues from last term.	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor. See link on last page for more detail. Aiming high, Listening, Presenting, Problem solving, Staying positive, Literacy, Independence, Communication Builds on learning from Unit 1, 2 and 8
	Employability skills	leisure centre worker, Physiotherapist, Chiropractor. See link on last page for more detail. Aiming high, Creativity, Leadership, Listening, Presenting, Problem solving, Staying positive, Teamwork, Literacy, Numeracy, Independence, Communication Continues from last term. Works with unit 8- very similar.	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor. See link on last page for more detail. Aiming high, Listening, Presenting, Problem solving, Staying positive, Literacy, Independence, Communication Builds on learning from Unit 1, 2 and 8
	Employability skills and misconceptions	leisure centre worker, Physiotherapist, Chiropractor. See link on last page for more detail. Aiming high, Creativity, Leadership, Listening, Presenting, Problem solving, Staying positive, Teamwork, Literacy, Numeracy, Independence, Communication Continues from last term. Works with unit 8- very similar. Builds on from unit 6 completed in BTEC	PE Teaching, Coaching, sports science, player, Personal trainer, Fitness instructor, referee, leisure centre worker, Physiotherapist, Chiropractor. See link on last page for more detail. Aiming high, Listening, Presenting, Problem solving, Staying positive, Literacy, Independence, Communication Builds on learning from Unit 1, 2 and 8