Year 11	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6	Unit 7
	How to use money	Personal Hygiene	Using a fitness gym	Cooking for myself	Doing own laundry	Learning about Buddhism	Dealing with problems
Unit		. Varantha hanafita af	. Idautif House safety	Diameter and a second	- I-l	- Face a in antivities	. Hadanstondbarrts
Objectives	 Use coins to make up given values Calculate the correct change Pay for an item in a real-life setting 	 Know the benefits of carrying out personal care hygiene activities Identify hygiene products to be used for regular personal hygiene activities Identify objects associated with personal hygiene Identify parts of their body that require personal care Carry out a personal hygiene activity 	 Identify three safety precautions that apply to using gym equipment Identify which machine benefits which part of the body and how Use the gym on a regular basis over a four-week period 	 Plan own main meal identify the correct equipment and ingredients needed for an agreed meal Prepare the work area for preparing an agreed meal Know the correct sequence for preparing an agreed meal Prepare an agreed meal 	 Identify reasons for washing clothes Identify different wash symbols Identify safety rules that apply when using a washing machine Know the sequence of events for using a washing machine Use a washing machine Dry and put washing away 	 Engage in activities associated with the story of Siddhartha Carry out research and compose a piece of writing about Siddhartha 	 Understand how to recognise a straightforward problem Identify a way to tackle the problem and ask for appropriate advice Carry out a review of their progress towards solving the problem
Key Words	Count Coin Note Money Change Cost Pence Pound Receipt Value	Hygiene Deodorant Armpits Unhygienic Soap Shampoo Smell Personal care	Safety Equipment Danger Weights Energy Muscles Strain Technique	Ingredients Food Utensils Safety Heat Timing Contamination Sequence	Instruction Symbols Colour Detergent Heat Timing	Buddhism Worship Religion Siddhartha Buddha	Understand Honesty Recognise Help Support Problem solving
Homework	Go shopping with a relative or friend – add up the total and calculate the change before getting to the till – compare with receipt – were you correct?	Design a poster about the importance of good hygiene	Write a list of the activities you have completed in the gym (basic fitness plan)	Cook one meal at home and take a photo	Match the label symbols with the instruction e.g. handwash or dry clean only	Use given websites to research Siddhartha	Use Unifrog to find as many careers as you can that involve solving problems or helping people
Career link (Unifrog)	Sales assistant https://www.unifrog.org/stud ent/careers/keywords/checko ut-operator Bus/coach driver https://www.unifrog.org/stud ent/careers/keywords/bus- or-coach-driver	Care worker https://www.unifrog.org/stud ent/careers/keywords/care- worker Healthcare support worker https://www.unifrog.org/stud ent/careers/keywords/health care-assistant	Gym instructor https://www.unifrog.org/stud ent/careers/keywords/fitness -instructor Sports coach https://www.unifrog.org/stud ent/careers/keywords/sports- coach	Kitchen assistant https://www.unifrog.org/stud ent/careers/keywords/kitche n-assistant Chef https://www.unifrog.org/stud ent/careers/keywords/chef	Housekeeper https://www.unifrog.org/student/careers/keywords/housekeeper		Customer service assistant https://www.unifrog.org/stud ent/careers/keywords/financi al-services-customer-adviser
Employability skills (Highlight applicable)	Aiming high Literacy Creativity Numeracy Leadership Independence Listening Communication Presenting Teamwork Problem solving Staying positive	Aiming high Literacy Creativity Numeracy Leadership Independence Listening Communication Presenting Teamwork Problem solving Staying positive	Aiming high Literacy Creativity Numeracy Leadership Independence Listening Communication Presenting Teamwork Problem solving Staying positive	Aiming high Literacy Creativity Numeracy Leadership Independence Listening Communication Presenting Teamwork Problem solving Staying positive	Aiming high Literacy Creativity Numeracy Leadership Independence Listening Communication Presenting Teamwork Problem solving Staying positive	Aiming high Literacy Creativity Numeracy Leadership Independence Listening Communication Presenting Teamwork Problem solving Staying positive	Aiming high Literacy Creativity Numeracy Leadership Independence Listening Communication Presenting Teamwork Problem solving Staying positive

Enrichment	Visits to local shops	Use of Netherhall Sports	Visit from Lakes Distillery	Use of washing machines in	Visit to Buddhist temple				
		Centre	Visit to Lakes College	Food Tech kitchen					
			hospitality & catering						
			department						
Common	Understanding of key words								
misconception	Understanding of evidence requirement								
	Students w								
Assessment	Q and A								
	Observation								
	Checklist completion								
	Witness testimony								
	Labelled product, video or photographic evidence								
Notes	Completion of task is upon fulfilment of criteria								
	Use of specification and assessment criteria								