

The Netherhall Echo



Welcome to the half termly newsletter, bringing you up-to-date information about the School.

April 2017

This newsletter is available in large print and can also be translated into other languages on request.



Governing Body Update

I thought I would take this opportunity to remind you of the core functions of a school's Governing Body, and explain a little about my role as Chair of Governors.

There are generally three accepted key functions:

- to ensure clarity of vision, ethos and the strategic development of the school, and communicate this to all members of the school community;
- to hold the senior leadership to account for the educational performance of the students and effective Performance Management of the staff;
- to oversee financial performance.

In addition to those, because we are a school in special measures, we have to monitor the implementation of the Local Authority Action Plan.

In order to fulfil these functions as effectively as possible we currently have two full committees and one sub-committee. The Curriculum and Data Scrutiny Committee meets at least once a half term following the main data collections in school to look at performance, if any trends are developing, what action needs to be taken; the Finance and Management committee meets termly, having an overview of all matters relating to the site and financial management. In addition we have a Finance Sub-Committee which meets with the Finance Manager on a monthly basis to scrutinise the monthly budget figures. There is a Full Governing Body meeting timetabled for each term, and we hold Focus Sessions each half term where we can take a more in-depth look at specific areas - this term those have been on Curriculum and High Prior Attainers, our most able students. All Governors are linked to a specific area of school development.

As Chair of Governors it is my role to ensure that all of the above happens! I try to set a tone and environment where every governor feels valued and listened to and feels confident in holding the school to account. We have statutory responsibilities, not operational, which is obviously down to our valued staff. I have a scheduled weekly meeting with the Headteacher, although I am in school on many other occasions during a 'normal' week, whatever that is! I, along with other governors, attend as many parents evenings as possible in order to engage directly with parents and I try to be a visible presence around school so that all staff and students feel comfortable to approach me. I also receive notification of all disciplinary matters. It is my pleasure and privilege to support and represent school at times and I'm as proud of your children as you are when they do well, as concerned when they don't.

This is a flavour of what we do; there is much else that the Governors are engaged in. I think it timely to remind you that every Governor is a volunteer and the commitment they show to Netherhall School is exemplary. I'm very proud to be the Chair.

I can hardly believe that Christmas has been and gone, and I'm now wishing you Happy Easter! For Years 11 and 13 in particular the next term is an incredibly important one and I wish all of them the very best - it's not about luck but hard work and being the very best that they can be.

Jan Clarke
Chair of Governors

School Uniform

From my arrival at the school, students have been lobbying me for an improved uniform. I have attached a picture of students wearing the proposed uniform, which I hope you will agree looks very smart. The consensus of School Council and all of the students has been very positive. The colours of claret and gold reference the heritage of the school. There is no increase in cost, as you will see from the price comparison and we believe the quality of the new garments is an improvement. Please see some of the key points set out below:

- The new uniform will be introduced at the beginning of next academic year (September, 2017). It will be compulsory for Years 7-10 and optional for Year 11.
- The jumper and/or blazer, tie, black trousers/skirt and black shoes are compulsory (there is a fitted blazer for girls). If a student wishes to wear a blazer this can be in place of the jumper.
- In future, it will be the same school uniform throughout all years. There will be no change in uniform midway through schooling and this policy will extend to PE kit.
- The new PE kit will only be brought in for Year 7 in September, 2017. In other words, all students existing PE is serviceable until parents/guardians decide it needs to be renewed.

I've set out a basic price comparison below so you can compare the costs of old and new style uniforms.

Old Style Uniform			New Style Uniform		
Fleece	Junior	£16.50	V-neck Jumper	Junior	£18.00
	Senior	£19.50		Senior	£21.00
Polo Shirt	Junior	£9.50	White Shirt (Short or long-sleeved)	Junior	£2.75
	Senior	£11.00		Senior	£3.75
			Tie		£5.50
Total cost			Total cost		
	Junior	£26.00		Junior	£26.25
	Senior	£30.50		Senior	£30.25
			Blazer (optional)	Junior	£31.00
				Senior	£34.00

The uniform will be available for purchase from the school's regular uniform supplier, West Lakes Embroidery (saver-scheme available).

In addition to looking the part, one of the key aspects to putting on one's school uniform is that it marks a difference, a change in mind-set, attitude and approach between one's leisure time and one's school time. I believe this separation is beneficial for students.





Managing Medication Procedures - Important information for parents/carers



We recognise that from time to time students may require medication within the school day. However, we do have to adhere to guidelines to ensure the safety of our students.

With this in mind, we would like to point out some procedures that we must follow:

- Some students may need to take prescribed medicines during their time in school. This will usually only be for a short time period, e.g. to finish a course of antibiotics. Parents/guardians must come into school and arrange this with reception.
- Children should not be sent to school with their own medicine (prescribed or non-prescribed) as this poses a health and safety risk to other children.
- Staff will not administer non-prescribed medication i.e. paracetamol, unless there are exceptional circumstances and where there is specific prior written permission from a parent/guardian.
- If a child suffers regularly from frequent or acute pain parents should refer the matter to their child's GP.

Parents/guardians have the prime responsibility for their child's health and should provide the school with timely, complete information about their child's medical condition. If your child has a medical condition that we do not know about, please contact the school, your child's Head of Year or

Mrs C Savage
(Assistant SENCO)

Effort Grade

We would like to remind both parents and students about the criteria required to obtain the different effort grades in subjects at Netherhall School.

Effort Grade	Description
Effort 4	Outstanding – Your child always goes above and beyond in classwork and homework and has the perfect attitude to learning!
Effort 3	Good – Your child is producing consistently good work in class and for homework. Great – let's push for a 4.
Effort 2	Requires more effort – Your child is not showing consistently good effort in classwork or homework. Attitude to learning has not been good enough, therefore, requires improvement.
Effort 1	Inadequate – Your child's efforts are minimal. Classwork or homework is not completed and is a serious concern.

Exam Update

The exam season for Years 11, 12 and 13 are nearly upon us, ensure you use your Easter holidays to your advantage and plan your revision time into your holidays.

This is a great opportunity to meet with friends for a relaxed revision session to help, encourage and support each other through your exam preparation.

Science Mock Exams – Year 11 – Monday, 24 April 2017

Junior Maths Challenge – Year 7 & 8 volunteers – 27 April 2017

Art Exam – Year 11 – 2 days week commencing 08 May 2017

Summer external exams commence 15 May 2017

Mock Exams – Year 10 – week commencing 12 June 2017

Wishing all our students good luck in their examinations!



Key Dates to Remember



End of Term

Last day of term Friday 7 April 2017
Students return on Monday 24 April 2017

Bank Holiday

Monday 1 May 2017

Half Term

29 May to 2 June 2017
Students return on Monday 5 June 2017

4 & 5 May – D of E Practice Expedition
18 & 19 May – D of E Qualifying Expedition

Year 11

There are now only two months until the beginning of the 2017 GCSE summer examinations and Year 11s have just completed their second round of mock exams. As one would hope, as a direct result of a brilliant attitude, the attendance at additional classes, revision and a great work ethic, many Year 11 students have significantly improved their grades in comparison to the previous mock exam – for many of the students it has been transformational.

It reaffirms the notion that 'we get out what we put in'. For all the students the dramatic improvement is helpful as it fosters motivation, confidence and self-belief, confirming positive and constructive behaviours that will not only serve them well in the examinations, but in their lives outside and after school.

I have been thoroughly impressed by the Year 11 students' attitude and commitment to extra lessons. Fundamentally, it suggests trust and belief between teachers and students, as students clearly see a value in attending the extra classes.

I will be holding another Year 11 parents and students evening directly after the Easter holidays, where parents and students will receive their new progress reports, timeline and examination information.

Mr D W Tromans
Headteacher

Year 13 Report

It has been another busy and productive term for Year 13 students in the run up to their final A-Level examinations. Pupils have shown great commitment and determination to succeed over the past term by attending extra supervised study periods in each of their courses alongside the after school revision sessions provided.

They have also been busy working towards the completion of their coursework assignments and have shown an extremely dedicated and professional attitude towards their studies at all times.

I would like to congratulate the Sixth Form on a job well done this term and am certain that all the hard work put in by students will pay great dividends come results day in August. I wish the pupils a productive Easter break in the run up to the final exams and am sure they will use the time wisely.

Mr Bailey
Deputy Headteacher / Head of Sixth Form

Duke of Edinburgh Award

The Duke of Edinburgh Award scheme is currently going strong in the school. As you may be aware from my last news article, we have record numbers this year participating in the award, which includes a number of Gold students in the 6th Form.

We have a number of events coming up, which I would like to remind parents about.

2017 Dates	Details
7 th April	School Camp - overnight camp in school to practice navigation, camp craft and first aid (for Bronze and Silver participants).
4 th May – 5 th May	Bronze Practice Expedition
25 th May – 26 th May	Bronze Qualifying Expedition
3 rd July – 5 th July	Silver Practice Expedition
11 th July – 14 th July	Gold Practice Expedition

If you have any questions you wish to ask or issues you would like to discuss please contact me at school.

Mr Horton
D of E Coordinator

Mill Race Lonning Mural



Netherhall School Art Club, along with the local primary schools, is working with Maryport Town Council to re-vamp the mural at Mill Race Lonning. On Monday, 27th March the students met to discuss their initial ideas. The students are enthusiastic about reviving the town centre to make it more attractive for locals and tourists. The students had lots of exciting ideas that focus on the history of Maryport as well as representing what Maryport has to offer now. We will be beginning the design stage in the summer term, hosting the primary schools at Netherhall School for an afternoon to come up with ideas followed by a couple of days painting the town!

Miss Cooper
Technology Department

Rotary Club Technology Challenge



On March 17th, eight Year 9 students represented Netherhall School at the Rotary Club Technology Challenge at The Hunday Manor Hotel. All of the students canvassed Mr Tromans to allow them to wear the new Netherhall School uniform, and they were by far the smartest students at the event.

The nerves began to show as the challenge was revealed: to design, make and test an electronic vehicle that moved forwards and backwards down a track, moving a small pile of stones. We

haven't studied electronics so the task was even more difficult for our two teams of designers.

Students had to select a role and work as a team to produce a portfolio of their plans and designs. Then the building began!

As we stepped up to the track, I was incredibly proud to see the two functioning vehicles that our students had produced. The team work and effort was evident throughout.

The wait as the runners up were announced was tense but the smiles on the faces of the boys' team were fabulous as they were announced winners in their category! Each student received a Google Play voucher and the school was awarded a trophy and a Raspberry Pi.



Lilly Roche
Technology Department

CSI Netherhall

On Monday, 20th March a group of Year 4 students from Our Lady and St Patrick's School came to visit the Science Department to take part in CSI Netherhall. They had been invited to help solve the case of "The Body in the Lab!"

Students took part in a range of activities including blood splatter analysis, hair and fibre analysis and a series of chemical tests to identify a mystery white powder. The purpose of these activities was to build up enough evidence to identify the culprit.



Students got to experience a range of equipment and techniques that they may not have access to in their usual science lessons.

A great morning was had by all involved, with the majority of students correctly identifying the guilty party!



Mr Hearn
Science Department

Battlefields Tour 2017

Between Wednesday, 29th March and Saturday, 1st April, 48 Year 10 GCSE history students had the tremendous opportunity to study, at first hand, the terrible conditions of the Great War when they visited Somme and Ypres Battlefields.

Seeing for themselves cemeteries, memorials, museums and the countryside in which over one million British and Imperial troops lost their lives will not only help the students with their studies but will stay as a lasting reminder of the horrors of war.

Particular highlights on the tour came at the Thiepval Monument on Thursday, 30th March where Jessica Hanley laid a wreath in memory of her Great, Great Grandad, Tom Kirkbride of Maryport. Mr Kirkbride served with the Border Regiment and was sadly killed on the first day of the Battle of the Somme, 1st July 1916, aged 36 years. This was a particularly emotional moment and brought home to the students how many families were affected during the conflict. Netherhall students Dillon Clark and Sarah Walby also had the honour of laying a wreath during the Last Post Ceremony at the Menin Gate, Ypres on Friday, 31st March, to honour all the fallen of the Border Regiment and conducted themselves with great dignity.



I would like to thank the pupils for their outstanding conduct during the tour. They were a great credit to themselves, their families, our school and town. I would also like to thank Miss Barcock, Mrs Bowe, Mr Fulton and Mr Thomason for their support in helping ensure that the battlefields tour of 2017 will live long in memory.



Mr M Bailey
Deputy Headteacher

Year 10 Science

While the other year 10s went to Belgium, the remainder in 10a, b and c were looking at the physics and engineering of "spaghetti towers" during their science classes.

It would appear that the female brain is suited to this type of project, especially as all female groups took first prizes, namely: Chloe Lambert, Abbie Devlin and Angel McCormick from 10a; Tamzin Carruthers, Chloe Mumberson, Leah Holland & Ellie Dempster from 10b and Kia Moralee, Kacey Sewell, Ami-Lee Green, Emily Huddart Cable, Abbie Wilkinson & Ellie Williamson from 10c.

In fact, Tamzin, Chloe M, Leah and Ellie D constructed a self-supporting tower standing 85 cm tall, the highest one overall.

Well done, ladies; a career in Civil & Structural Engineering awaits you all!

Mr Maloney
Teacher of Science

Moose fever

In Art, Design and Technology we've gone moose crazy! Students have been busy making animal heads from recycled materials. Each head has been individually designed to reflect each student's interests or personality. Here's a preview of some of the first ones finished.....



Nathan Hadley, Alex Richardson, Kieran Clark, Adam Crabb and Becky Nicholson

See the full collection at the Art, Design and Technology exhibition later this year.

Lilly Roche
Technology Department

Art, Design and Technology Exhibition

Our annual Art, Design and Technology exhibition will be held this year between the 26th and 29th June. The opening night will be Monday, 26th June and it promises to be a celebration of all the hard work our KS3, GCSE and A-Level students have put in during the last year.

We hope to see you there!



Mrs Stead
Head of Art & Design

Tomorrow's Engineers' Space Challenge



A crisp Wednesday morning and it was an early start. This was the day of the Tomorrow's Engineers' Space Challenge competition day. The children had been working for two hours a week since October. Robots had been designed, built and programmed to complete seven tasks around the theme of a mission to Mars. A presentation on how people survived in space was complete and practiced. Were we ready? How were we going to approach the teamwork task? Little butterflies were making themselves felt as the minibus idled. By 7am all the team were assembled. Excited chatter filled the bus as we drove towards Preston College.

By 9.15 we had arrived and the excitement rose. The tables for the robots were in the foyer and people were practising. We were quickly shown to our base and went on orientation around the building. Every one behaved themselves including Mr Mason. We were in the lecture theatre at 10 with teams from twenty other schools.

The room was hushed as we were welcomed by the organisers. We were shown the day's schedule. Oh no, we were first on the robot mission challenge, then the design briefing, team work challenge, another go at the robot mission and finally the presentation on space survival. We were nervous about going first and Mr Mason told us to do our best, we could always do some tweaking of the robot before the second mission.

When we got to the table we were very nervous. The judge was really friendly and explained we had five minutes to practice and five minutes for the challenge. We tried our best and got two of the seven challenges working. We were so nervous we put some of the robot pieces on the wrong way round. We were disappointed but Mr Mason and Jay buoyed us up saying we can use some of the spare time to make it better. We worked hard to get the robot working in any free time we had and grabbed our lunch on the go as we sorted the problems. The design briefing went really well. The engineers were really impressed with the simplicity and ruggedness of our design. In the teamwork challenge we nominated Jay as the team leader who organised us into two groups to build a bridge that had to support a full water bottle. Our bridge held and the judge seemed impressed.

We arrived back at the competition table. Now was the time. Nathan gave us a speech and we launched into the tasks. Alek got five of the tasks working perfectly. The other two worked with a couple of attempts, we had improved so much we were buzzing with excitement. As we went to prepare for the presentation we saw the mechanical engineering department. They had cars, motorbikes and even a plane. The lecturer saw us and invited us in to look. We had time so we had a tour and our photos taken.

The presentation was last and Madelyn organised us and we practiced. Mrs Birkett and Mr Mason said we needed to make sure we were looking at the people we were talking to. Some of us found it hard but we all gave it a good go. The presentation went well and the judges took Madelyn's name.

Finally we all gathered in the lecture theatre and Prizes were handed out. We came second in the Teamwork prize and got some chocolates and a certificate. The judges gave out individual awards and Madelyn won one for her work on the presentation. We all thoroughly enjoyed the day and would really consider a career in engineering.

The team were Madelyn and William Jones, Jay Wilmot, Aleksander Werakso, Rayner Fletcher, Kieran Clark, Nathan Hadley, Mr Mason and Mrs Birkett.



THE TENNER CHALLENGE



The Company Programme for Y12 is not the only Young Enterprise scheme we've been working on this year. Seven tutor groups in Y7-9 have been taking part in the national Tenner Challenge. Each team was given £10 and 4 weeks to make as much profit and difference to their community as they could.

The creative ideas were amazing - wax crayon artwork, Mothers' Day gift jars, doorstops made from socks and sand...! But the biggest profit came from Mr Mason's 8 Adair, who were willing to get down and dirty washing cars! £95 later, they were able to return their deposit and share the remaining £84. Fantastic effort!

Special mention must be given to Mr Mullarkey's 7 Ismay, who decided their brilliant £53 profit from the doorstops should be given to the Y12 girls who were fundraising for the Riding for the Disabled Association last week. That's amazingly generous, thank you!



This was the first time Netherhall had taken part in this challenge, but it happens every year so hopefully next March teams will have a better idea of what they're doing and some of them will even enter for the national awards. Fingers crossed!

Miss Carter
Centre Lead

The Sixth Form Art Room

We have recently been given an art room specifically for sixth form students to work in. Although it is still in the process of completion, we have been able to work in its bright atmosphere, surround by artwork from former students. Once we receive all of our equipment we will be able to complete all work in the room (for example, screen printing), not only in our lessons, but in our study periods as well, allowing us to work with the materials we need. Not only is this room being used for sixth form students to work in, but we are also planning to hold an exhibition of all of the artwork we have created so far as A level art students.



Niamh Mossop
Year 12

Year 5 Viking Experience

The Vikings have landed! (Closely followed by the Far East!)

Every Monday for the last four weeks, we've welcomed the Year 5's from Maryport Juniors to the Art, Design and Technology Department.

We have been learning how to make felt and have created Viking shields which complement their current topic.

The students have made wet and needled felt and added their own patterns and designs.

After the Easter holidays we will be tackling some more Viking projects..... then, to add an extra dimension to the last term, we will be making a range of Chinese food.

Lilly Roche
Technology Department



YOUNG ENTERPRISE



This year's team, "Taste of Home" are ready to represent West Cumbria in the county finals!

An impressive presentation, company report and trade stand saw them runners-up at The Wave Centre two weeks ago behind Cockermouth School, and now both teams move forward in the competition.

Taste of Home have created and published a recipe book of Cumbrian and family favourite dishes from team members, members of the public and a couple of well-known locals – Sue

Hayman MP, Malcom Wilson from M-Sport and Claire Hensman, the Lord-Lieutenant of Cumbria.

The book is now on its second print run and selling fast! They have arranged for it to be sold in HerCiti in town, in The Squirrel's Pantry in Cockermouth and at the Fairydust Emporium in Silloth. They are also about to become "international" with books available at a gift shop in Dumfries (Scotland is almost international, right?!), and they're even in negotiations with Lidl!

Taste of Home is directed by:

Dora Crossland - Managing Director
Rachel Ford - Operations Director
Demi Shearing - Admin Director
Shane Relph - Human Resources
Lauren Pape - Company Secretary
Leah McArdle - HSSE Officer
Kelly Pearce - Sales Director
Tom Bozier - SWOT Officer
Arran Moralee - Marketing Director
Chloe Wilkinson - Quality Control Officer
Lewis McDowell - Finance Director
Niamh Mossop - Design Chief
Holli Coulthard - IT Director



All scores are reset to zero for Carlisle so there's everything to play for against the two winners from North Cumbria and the two winners from South Cumbria. Many thanks to David Davidson, the team business adviser, who keeps everyone on the straight and narrow and gently whipped into shape.

Good luck for April 26th at The Crown & Mitre. Let's bring it home for Netherhall again!

Miss Carter
Centre Lead

Year 9 Pupils take on the Poets

Some students in Year 9 were challenged with rewriting a poem they had been studying called, "Quickdraw" by Carol Ann Duffy. In her poem, she uses the extended metaphor of a western shoot-out to describe the pain of being dumped over the phone. Harsh!

Students in 9X2 rewrote the poem using their own extended metaphor and the results were truly excellent! Here are just a few to read.

Love Robbery

I walked the streets, that we walked,
holding my thoughts elevated.
I was dusky, dead and damp.
Yelling my name, closer, closer and closer you
came.

I pleaded but you took it,
not thinking of what I was feeling.
Selfish, greedy, overbearing the power you had
over me.
I shrieked but then slowly felt the stabbing pain.

You cut me, tore me open,
not caring about me.
Trying to catch up but you ran and ran, quicker
and quicker.
And took it with you...

My heart, gone.
Never to be fixed or returned.
The murderous crime was done,
you broke me and I cannot be fixed.

Emmi Chilton

Ready, Aim, Fire

I prepare for battle,
My gun, grenades and bombs.
I get ready, I aim,
But you fire.

Quickly I dive into the trench,
Taking cover,
I duck down just in time for your insults to skim
Across the top of my head,
But you miss.

I creep my head slowly over the trench,
You are in my sight,
Three, two, one, shoot,
I fire the grenades,
But you fire back.

Your words are so hurtful that they blast me
into the air,
It sends me flying, I'm losing,
You attack me again with your phone,
Each word that you say is like a grenade to
my heart,
I shoot again,
But you have won.

Jenny Martin

Game Over

My controller is ready,
Fully charged with a lot of power.
Back and forth we play the game.

The game has started,
My turn, your turn.
Back and forth we play the game.

The power is in your hands, your heart, your soul.
This is real life.
Back and forth we play the game.

Your hand reaches for the trigger,
You blast every part of me.
Pain runs through my whole body.
Back and forth we play the game.

You now have full control,
The game is slowly ending.
I am now on my last life,
You have won.
Game over.

Abbi Langley

Dumping Ground

Your engines roar, vibrating the ground.
I pick it up to hear no sound.
Your voice rumbles down my ear.

You've wrecked me.
When did you ever want to bury me?
You dig me back up to shatter me again.
You choose your position then break me.

What did I ever do to be smashed up like this?
I'm buried once more from the sound of your
kiss.
1, 2, 3, 4, 5 the claw of your words kill be alive.
Trapping me in a deep dark hole.

You text them both at once.
Stumbling on the floor. Machinery chases me
again.
I've been dumped to the ground.
Never to be loved again.

Jess Ffoulkes



THE SPORT



Boys Rugby

Year 8 County 12s @ Penrith

Year 8 seemed to be in the harder of the 2 groups and sadly lost to Ullswater Community College, Keswick, Queen Elizabeth Grammar School and Austin Friars. They did however put in a convincing win against Nelson Tomlinson School which was excellent to watch.

Year 9 County 10's @ Penrith

This match was cancelled due to bad weather and will be replayed on the 4th April.

U14 County Plate final

Netherhall played Richard Rose Central Academy in Carlisle for the semi-final. It was a comfortable win for Netherhall 62-26. All players were excellent on the day.

Girls Rugby

The girls rugby has been a huge success again this year with over 60 students playing for the school team and turning up to training. The Year 7's have played in one Rugby League fixture and one Rugby Union fixture where they have shown great potential. The Year 8's have also had one fixture in Rugby League and Rugby Union. The Year 9's and 10's have been lucky enough to have more Rugby Union fixtures as they won the County Final and therefore progressed to the Regional Finals at Ryton, Newcastle. Unfortunately, they did not win the tournament this year as the standard seems to have improved across all areas but we have high hopes to win it next year and come back bigger and better. Watch this space!

For those girls that have enjoyed the rugby this year in school they should look into playing outside of school, for more details contact Phil Sutton on 07799072166. Cockermouth RUFC train on a Thursday evening from 6:30pm – 8pm.

Mrs L Holliday
PE Department

Football

Netherhall Vs Keswick

Year 7 had a great game and drew in their competition.

Year 8 convincingly won 6-2.

Year 9 game was sadly cancelled and is still to be arranged.

Year 10 won 4-1.

Netball

During this half term 5 students were nominated to trial out for the West Cumbria Netball Club. They were Kate Ivison, Holly Goodger, Katie Dixon, Cassie Lambert and Louise Humphrey and for the first time in at least 7 years two of the girls were selected to represent WCNC. Cassie and Louise impressed the coaches and have been asked to begin their netball training with them from September 2017. Congratulations girls, you deserve it and well done to all the girls who were nominated to trial. Watch this space to find out who the lucky girls are in Year 10 and 11 who are selected to trial out for the team later on in the school year.



At the moment all we have left to play is one Year 8 tournament as this was cancelled due to bad weather. The date for this tournament is still to be confirmed.

For those girls who enjoy Netball there is a training session at Workington Sports Centre on Thursdays, this costs £2. It takes place between 5-6pm for Years 7, 8 & 9 and 6-7pm for Years 10 & 11. Please see Mrs Holliday for more details.

Boccia Champions

Our pupils in Learning Support attended a Boccia Tournament at Lakes College, Workington to compete for the prize of representing Allerdale in the Cumbria School Games. They played lots of matches and made their way to the final playoff against Nelson Thomlinson School. After a tense game Netherhall were victorious.

"I felt really excited when we won." said Nathan Hadley.

"I was jumping up and down shouting yes! yes!." Becky Nicholson.

It looks like the extra lunchtime practices have paid off! We will now be representing Allerdale in the Cumbria School Games at The Sands Centre on July 12th. Not only will our pupils be representing Allerdale in the Boccia Competition but also in the Table Top Cricket and Table Tennis Competitions.

"It's going to be a big challenge at the Cumbria School Games, we need to keep practising and keep our eye on the jack." Nathan Hadley & Alex Richardson.

Stephen McCallig was wearing his lucky hat and he's going to take it to Carlisle too.

Well done to all the Learning Support Living for Sport Superstars. Good Luck in the Cumbria School Games!



Mrs B Johnstone
SENCO

Go Ride Club

March saw the grand opening of Netherhall Go Ride Club. We are a cycling club that has the pure focus of getting the young people of Maryport into cycling based activities.

Initially, we are going to deliver skill based sessions that will enable students to ride a bike safely on the road. However, as we grow we are going to undertake challenges such as:

- Riding from Maryport to Tynemouth over three days
- Whinlatter Mountain Bike Trails
- Riding the Velodrome in Manchester
- Competing in local cycle based competitions

As you can see, we have the potential to grow in to a very active and productive club, but as we are in the early days we need your help. Firstly, if there are any parents that are available and are willing help out please contact me at school and secondly, we need more students actively involved in the club, so please encourage you children to give us a try.

The club meets on Tuesdays 3pm -4pm at Netherhall School in the old PE block, near the Sports Centre.

Mr R Horton





Sports Centre NEWS



The up and coming events happening at the Sports Centre during the Holidays.

NETHERHALL COMMUNITY SPORTS CENTRE

Multi-Sports and Activities CAMP!

From 10am - 2pm

£10 per child, per day



From the minute your child arrives - to the end of the day, every second of the Multi-sports & Activities Camp is bursting with fun. This camp is designed with every child in mind (from ages 4 - 11) and offers a wide scope of activities - including; tennis, football, trampolining, drawing and much more!



DON'T FORGET TO BRING YOUR SWIMMING KIT, A DRINK AND A PACKED LUNCH!

For more information - please call into Netherhall Community Sports Centre or Call; 01900 813434 OPT. No. 3



Wednesday 12th April 2017



Netherhall Pool Timetable: 10th April—21st April 2017

	Morning	Lunchtime	Afternoon	Evening
Monday		12.00-1.00 Adults Only	3.00-4.00— Turtle Tots	6.15-7.00 Aquafit
Tuesday	7.10-9.00 Public & Members 9.00-10.00 Aquacise			
Wednesday	7.10-9.00 Public & Members 10.00-11.00 Private Hire			
Thursday		12.15-1.15 Adults Only	1.15-2.15 Aquacise	
Friday		11.45-12.45 Adults Only		

CLOSED FRIDAY 14TH APRIL & MONDAY 17TH APRIL

Please note: - Alterations to the timetable will be kept to a minimum, but management reserve the right to amend the timetable when the need arises. Any non swimmers must be accompanied by an adult.

CLOSED SATURDAYS AND SUNDAYS