



## Netherhall School

It is with absolute pride and pleasure that I can inform you that Netherhall School has officially attained the Ofsted rating of '**Good**' for the first time. For me, some of the key quotes from the report are:

***'The progress of pupils currently in the school is very strong across all subjects and across all ranges of ability.'***

***'Pupils are enthusiastic about learning and teachers are enthusiastic about teaching...Pupils say they now love coming to school.'***

***'Relationships between pupils and staff are excellent. Pupils have considerable respect for their teachers because they believe their teachers are doing a great job.'***



I am delighted for the students, who can now proudly tell everyone that they attend a good school; the staff who now work at an officially good school; the town of Maryport, which now has a good secondary school; and in particular, I wish to say a big thank you to parents for placing their faith and trust in the school.

Please be assured that this achievement is the beginning; the school has travelled a considerable distance in a short space of time, which indicates its capacity for remarkable improvement. My intention remains the same as it was when I took on the role of permanent Headteacher in September, 2016, which is to make Netherhall School the best it can possibly be.

**Mr D W Tromans**  
**Head Teacher**

## Dutch teachers' visit to Netherhall School

Dear Netherhall

We are twelve teachers from three secondary schools<sup>1</sup> in the Netherlands, who had the privilege of visiting Netherhall School on 7<sup>th</sup> March 2018. We were in Cumbria for a week to participate in a language teacher-training course; in the Netherlands, 132 schools offer education in English to their students. Part of our programme is to visit a secondary school in Cumbria to see for ourselves what similarities and differences exist between Dutch schools and British schools, to observe lessons and to exchange ideas with teaching colleagues.



From the moment we stepped through the door we all felt immediately at home. We received a warm welcome from the Headteacher, Mr Tromans, who gave a passionate speech about the accomplishments of the students and school. We were proud to share the joy of the Ofsted report, as we arrived on the day that Netherhall achieved their official status of a 'good school'. The key to being a 'good school', Mr Tromans explained is "positive communication." "What you will see here today are dedicated staff and wonderful students who work together to get the best results".

After the warm welcome by Mr Tromans we split up into subject groups and were invited by the teaching staff of Netherhall School to observe classes and talk to students. When we met again during the break we all agreed that what we had seen was exactly what the Head had predicted: great lessons built on strong and positive relationships between the teachers and their students.

When we left Netherhall School at the end of the day we all felt inspired to take some of that positive energy back to our own schools. We also agreed that Ofsted got it completely wrong: this is not a good school. It is an excellent school!

We would like to thank the wonderful Netherhall School community for making this inspirational visit possible. Thank you dear Netherhall School community and we hope to return the favour and welcome Netherhall School staff and students to our schools in in the Netherlands in the future.

On behalf of the twelve Dutch teachers

Marcel de Haas  
History Teacher  
Head of the Bilingual Department  
Alfrink College  
Zoetermeer  
The Netherlands

## Chloe Wilkinson

Chloe Wilkinson is in her seventh & final year at Netherhall School. Chloe has worked very hard throughout her time at Netherhall and has achieved 9 GCSE's, a Merit in the ECDL qualification and a Level 2 IT course. Chloe is currently studying for her A-Levels in English Language, RE and double Health & Social Care. Once Chloe has completed her A-Levels she is planning to attend university in September 2018 to study to become a teacher.



Chloe is head girl, she continues to represent Netherhall to the highest standard and always sets an outstanding example to all Netherhall students and the wider community. Chloe is always willing to help others, every morning during registration she takes part in the paired reading program and volunteers with the learning support students during her free periods.

Chloe is a Sports Leader and has worked with hundreds of primary aged pupils from 10 primary schools across the Maryport Primary School Cluster. She has been an integral part of running the Maryport primary competition calendar, helping with all aspects of the 18 competitions throughout Year 12 and 13.

Chloe has gained an impressive list of sports qualifications during her time at Netherhall Sixth Form, these include a Level 2 Pool Lifeguard qualification, Emergency First Aid Certificate, Level 2 Sports Leaders in the Community Qualification, Level 1 Swimming Teachers Qualification & Level 1 Badminton Coaching Qualification. Chloe is enrolled to complete a Netball Umpiring Course at the end of March and is looking to complete her Level 2 Swimming Teaching Qualification over summer 2018. Chloe is currently employed by Netherhall Community Sports Centre where she works evenings and weekends.

Chloe is a valued member of Netherhall School who works extremely hard and shows great positivity in everything she does.

Thank you and good luck in your exams.

**Mr Tromans**  
**Headteacher**

## The Perfect Prefect Zak Alton

If one would like young people to be responsible, one should give them responsibilities! At Netherhall School we have a raft of different student leadership positions, all with their respective responsibilities: School Council, Library Assistants, Sports Captains and Prefects.

Zak Alton in Year 7 is an exceptional school prefect; his responsibilities include liaising with the duty member of staff to ensure the conduct and behaviour of his fellow students is exemplary. Zak is utterly reliable, superb at communicating with his peers and staff, and he sets an excellent example to his fellow students. Netherhall School could not wish for a better prefect and more ideal student than Zak Alton.



***'Setting an example is not the main means of influencing others; it is the only means.'***

**Albert Einstein**

**Mr D W Tromans**  
**Headteacher**

## Cumbria County Rugby Adam Lambert

Netherhall School Year 10 student Adam Lambert has been selected to represent Cumbria County U15 against Durham. Adam is a fiery scrumhalf who has been nominated by the school and has achieved selection through his excellent performances in the District festivals, representing West Cumbria against East and South Cumbria.



Adam plays for Netherhall RUFC U15s and Maryport RLFC. Adam has also represented Allerdale at rugby league in the tri-series competition against Copeland and Barrow.

Adam's favourite player is England star Danny Care and his team are 'Saints' – St Helens.

All Year 10 students at Netherhall School do work experience in Year 10; Adam will be doing his with West Cumbria Rugby League and the superb Marnie. Adam's ambition is to pursue a career in sport after completing a degree in sport and management.



Adam is a first-class student, who is achieving excellent grades in all of his subjects. He applies the same rigour, discipline and tenacity to his academic studies, as he does his sporting endeavours. Adam is a champion of Netherhall School; I have no doubt that he will achieve his ambition.

**Mr D W Tromans**  
**Headteacher**

## **Sensational Swimmer** **Imarni Barker**

Netherhall School student, Imarni Barker swim trains seven days a week for two hours every day; a regular swim session will comprise of at least 2K of quality swimming!

Imarni swims for Workington Amateur Swim Club. She recently swam at the county age group qualifiers in the U15 age group, where she has swum the regional qualifying times for five different disciplines: 50 Freestyle, 100 Freestyle, 50 Breaststroke, 100 Breaststroke and 200 Breaststroke. Imarni will be competing for Workington Swimming Club in the northwest regional swimming championships in Liverpool and Manchester in May and April of this year.

Imarni is a brilliant young lady, quick to acknowledge the significant support and contribution of both her parents and inspirational swim coach, Craig Heggie.

In addition to doing superbly well in her academic studies, Imarni represents the school at netball, cross-country, rugby, tennis and athletics. Imarni is an exceptional young person and a champion of Netherhall School.



**Mr D W Tromans**  
**Headteacher**

## **Sophie Anderson** **Record Achievement Points**

Achievement points are awarded by teachers for outstanding effort, attitude and achievement. In every assembly we acknowledge those students who have accrued the most achievement points. Remarkably, Sophie Anderson in Year 7 has been awarded fifteen achievement points in one week, which is a new school record!

Sophie, well done, you are a champion of Netherhall School.



**Mr D W Tromans**  
**Headteacher**

## **Netherhall School** **Year 8 Top Achievers**



**Mr D W Tromans**  
**Headteacher**

## World Challenge at Netherhall School

Eight students at Netherhall School have the fantastic opportunity to take part in World Challenge. This is an exciting opportunity that inspires students to step outside their comfort zone and explore the wider world, gain skills and create memories that will last a lifetime.



In summer 2019, **Jodie Stamper, Shannon Holt, Caitlan Fletcher, Alicia Pearson, Kelsey Barr, Liam Denwood, Charlie Roche and Leon Minchella** will be going on the trip of a lifetime to Uttarakhand, India. They will be facing various challenges:

- **A three-day trek, through the dense jungle foothills of the Himalayas**
- **Assisting with a community project in a rural village, giving them a unique opportunity to immerse themselves in the rich local culture**
- **Visit the Corbett Tiger Reserve and Wildlife SOS to visit rescued elephants and sloth bears**
- **A visit to the Taj Mahal and finally, rest and relax in Agra**

These are not the only challenges the students will face before they go on their epic adventure, they must first raise the funds through their entrepreneurial skills, and they have already been busy doing just that! From cake sales to selling Christmas and valentines decorations to car boot sales and getting part-time jobs!!!!

The groups are currently involved in a few more schemes to raise additional funds; any support would be gratefully received.

- **A clothes collection through the Bag2School scheme; clothes, shoes, belts, bags, soft toys etc are being collected at the school (see World Challenge at Netherhall for more details)**
- **An Easter raffle, any prizes, vouchers would be most welcome; tickets will be on sale in the Easter term.**
- **The 100 club runs in school every week, where you have the opportunity to win £20. This takes place every Friday**

The students have got many more ideas up their sleeves! Please check out and like their Facebook page '**world challenge at Netherhall**' for more news on future events.

**Mr D W Tromans**  
**Headteacher**

# Netherhall School Brilliant 'Blaze'

## West Cumbria Young Enterprise Company of the Year, 2018

On the 24<sup>th</sup> of February the **West Cumbria Young Enterprise Area Finals** were held at Dunmail Park, Workington. Teams were invited to operate a trade stand between 9.00am-1.00pm, give student presentations between 1.00pm-2.00pm and awards took place after 2.00pm.



The Netherhall School **'Blaze'** team consisted of the exceptional: Lauren Gorge, , Yasmin Dixon, Aimee Wignall, Jodie Hodgson, Emily Southwell, Owen Scott, Beth Peel, Katie Harris and Eden Towers; assisted by, school advisor, Janet Carter and external business advisor, David Davidson.



The concept is recycling used paper into fuel bricks, hence the name **'Blaze'**. The team have been working hard to produce enough bricks which was just as well, as they won **'Highest Sales on the Day Award'**. In addition to this, they won the **'Quality Award'** and the **'Best Presentation Award'** – the presentation was delivered by Lauren Gorge, Jodie Hodgson and Emily Southwell, expertly assisted by Owen Scott on ICT.

A brilliant day for 'Blaze' was topped off by winning the event and carrying off the title of **'West Cumbrian Young Enterprise Company of the Year 2018'**.

The Cumbria County Young Enterprise Finals take place at Rheged on Wednesday, 28<sup>th</sup> of March.

Ms Carter said, ***'This is one of the best Young Enterprise teams I've ever worked with, they're superb. They could go all the way!'***

Well done to team **'Blaze'**, you are champions of Netherhall School.

**Mr D W Tromans**  
**Headteacher**



## Congratulations to Blaze, this year's Young Enterprise team, the new West Cumbria Area Champions!

Their recycled newspaper briquettes were a sell-out for the second time at the trade fair in February. They wowed the judges in three long interviews at Dunmail Park and gave an excellent presentation at Edgar's Hyundai showrooms to win four of the seven awards on offer. As well as being crowned overall winners, the nine Year12 students won the Quality Award, Best Presentation and Highest Sales of the Day.



The Cumbria County Final is on March 28th where the top 2 teams from the three county areas will compete at Rheged to represent Cumbria at the North West Final in Liverpool in May.

Well done to Lauren Gorge, Emily Southwell, Yasmin Dixon, Amie Wignall, Eden Towers, Jodie Hodgson, Katie Harris, Beth Peel and Owen Scott for their amazing hard work so far. UTC, Nelson Thomlinson, Caldew, Dallam and Queen Katherine had better all bring their A-games to Rheged because Blaze are ON FIRE!!

*"It's been such hard work, but it's really paid off so far" - Lauren*  
*"It's been good, but we've been fantastic!" - Eden*



A huge thank you to Miss Carter and David Davidson for making Blaze brilliant!

**Mr D W Tromans**  
**Headteacher**

## Netherhall School Sixth Form French Trip to Normandy

At 11am on Saturday, 3 March a group of A Level French students met up at Carlisle railway station for the start of an action-packed French-filled week at Le Château de la Baudonnière in Normandy.



We travelled by train to Portsmouth and on to Caen in northern France by cruise ferry. On our arrival at Caen we were met by Guillaume and the inimitable Linda who drove us to the Château in two minibuses.



On Sunday, after a guided tour of the Château and its extensive grounds followed by a three-course lunch, we were straight into a preparation lesson for our activities and visits. This was immediately followed by an archery competition led by one of the French instructors, Becca.



After our evening meal and an introduction to Jam the parrot who lives in the conservatory, Sylvain led us in some highly competitive indoors initiative exercises.



Monday morning saw us on the climbing wall with Julia and Sylvain who decided that despite all instructions being in French, we were finding it too easy. Thus, we were blindfolded for our final attempts which made it even easier because we couldn't see the ground below us!

At lunchtime we had a little job to do; feed the animals in the mini-farm at the Château. Although feeding Michel the rooster and the pigs was great fun, it was completely overshadowed by the opportunity of cuddling the baby rabbits.



On Monday afternoon we were out in the forest and, yet again, blindfolded whilst completing an obstacle course with instruction in French from Alison.



That evening we had to interview a local business person in French. However, rather than be faced with a suited executive, we went to a café-bar in Avranches where after ice-cream and assorted drinks the lady who owned the bar sat with us to answer our questions. At the end of our evening out, everyone was amazed at how much French they had understood and was rapidly gaining confidence in speaking the language.



Tuesday morning, we went to the town of Villedieu which is famous for its bell foundry. There we interviewed the lady in charge of the tourist information office as well as a stallholder on the market. This was inevitably followed by some shopping on the market.



After a picnic lunch in the park we returned to the Château for an afternoon of Aeroball and circus skills training with Julia and Manon.

In the evening we returned to Villedieu with Julia for a meal of gallettes and crêpes in a restaurant. The caramel crêpes were totally delicious!

Wednesday morning heralded a visit to Mont St Michel with Seb and Linda, where after climbing the ramparts and descending the narrowest street in France, we did a little souvenir shopping in its mediaeval streets.

In the afternoon we visited an organic dairy farm which had diversified into making caramel sweets and sauces. The free samples disappeared quickly!

To top off the day, after our meal we were treated to a French wine and cheese tasting evening plus party games hosted by Coco.

Thursday morning, we had our 'speaking test' followed by bread making in which some unusually shaped baguettes were created. These were consumed with gusto at lunch alongside a starter of Piémontaise Salad.



That afternoon we went to the seaside town of Granville for coffee, conversation and shopping with our French guide Simon.

Our last evening was spent at the bowling alley in Avranches with Coco whose incredible sense of humour diverted everyone from working out who had won the game.

It was with a little sadness on leaving our new-found French friends that we departed the Château for our return home on Friday morning. However, after such great adventure and fun with such incredible people at the Château, our sadness was tempered with a determination to return in the future.

**Monsieur Watt**  
**Head of French**

### Sixth Form Update Cambridge University

On Monday, 19<sup>th</sup> March Year 12 student Amber Butler had the fantastic opportunity to experience a taster day as an undergraduate with the English Department of Fitzwilliam College, Cambridge. The 'Progress in English' experience day consisted of various sessions, including an introduction to reading English at Cambridge and the Admissions Process, followed by a series of mini-lectures on Medieval Literature, Poetry and Painting and Renaissance Literature. There was also an opportunity provided to meet with Professors and undergraduates to discuss life at Cambridge University.

As Amber reported upon her return to school **"When I got to Fitzwilliam College, I felt welcomed by the friendly and warm atmosphere provided by the students and teachers. The day itself, which focussed primarily on English literature and the various areas of the subject that the college covers, was nothing short of excellent. I thoroughly enjoyed what we learnt during lectures, and my experience there has definitely influenced me to consider applying to Fitzwilliam in the future after my A Levels. Overall, it was a thoroughly enjoyable experience that I believe has provided me with further insight to what I'd like to do in the future, which I'm thankful for"**.

Amber is a fabulous student who excelled at GCSE level across the board and secured Grade 9's in both English language and literature. She has taken this momentum into her A Level courses, where she is currently achieving A grades in art, English and history. We are delighted that Amber has had the opportunity to sample life at one of the world's most prestigious universities and that the experience has helped Amber further consider her options ahead of university applications in the autumn term.



**Amber Butler, Year 12**

## Gen2 applications

Good luck to our Year 13 students who are currently going through the application process to begin apprenticeships with Gen2 and Sellafield this autumn. All students successfully completed their aptitude tests by Friday, 16<sup>th</sup> March and are now awaiting interviews to secure a position for this year's intake. Students have applied for a wide range of positions including apprenticeships in civil engineering, nuclear operations, business administration, project controls, project management and nuclear engineering at degree standard. We are indebted to Sam French, School Engagement Officer with Gen2, for the presentation made to our students earlier this term and the encouragement he has provided in promoting this career pathway for our students.



**Year 13 Gen2 applicants – Laura Haig, Jay Quayle, Jack Pears, Daniel Bell, Greg Brough, Arran Moralee, Holli Coulthard and Zac Olstrom**

## Durham University Supported Progression

Year 12 students Ryan Moore, Esme Rowe and Brad King will be undertaking the next stage of this year's Supported Progression Programme at Durham University during the Easter holidays, following initial taster days for each student in February. Ryan has been selected to take part in the mathematical sciences programme, Esme will follow the modern languages and cultures programme while Brad will take part in the primary education programme between Monday, 9<sup>th</sup> and Wednesday, 11<sup>th</sup> April. All three students should be very proud of their achievement in being picked from thousands of applicants and will now enjoy a first class experience at one of the country's finest academic institutions which will help them cement their plans for university applications during the autumn term.



**Durham University Supported Progression students Ryan Moore, Esme Rowe and Brad King, Year 12**

I would like to close by thanking Sixth Form students for another fantastic half term. They have acted as great ambassadors for the school through their achievements in Young Enterprise and represented the school with distinction in France. I am impressed with the commitment to excellence that Sixth Form students have shown in their academic studies, extra-curricular interests and in their applications to both higher education and Gen2. I wish all Sixth Form students a productive Easter break as they continue their preparations for this summer's public examinations and look forward immensely to the successes that lie ahead in the coming months.

**Mr M D Bailey**  
**Deputy Headteacher/Head of Sixth Form**

## **World War One Battlefields Tour 21<sup>st</sup> – 24<sup>th</sup> March 2018**

On March the 21<sup>st</sup>, the history department of Netherhall School undertook its annual tour of the World War One battlefields. The history department took 46 Year 10 students currently studying GCSE history to sites of national and historic significance in Belgium and northern France.

The first day included the battle site of Vimy Ridge, preserved trenches, underground tunnels and the stunning Vimy Ridge memorial. Following this the tour visited the Thiepval Memorial, which is inscribed with the names of over 72,000 British soldiers who were killed at The Battle of the Somme, whose bodies were never recovered. Other places of interest visited included Newfoundland Park and the Lochnagar Crater in what was a highly informative and enjoyable day for the students.

The students' second day comprised of an even more packed itinerary, with visits to the contrasting cemeteries of the Allied and German forces at Essex Farm and Langemarck; followed by a visit to the breath taking Tyne Cot cemetery, in Ypres – the biggest British military cemetery in the world. The Netherhall students conducted themselves with decorum and dignity at all times, this was particularly evident at the sounding of the last post ceremony at the Menin Gate Memorial in Ypres, where Year 10 students Bethany Relph, Coban Blythe, Liam Anderson and Jenny Martin had the honour of laying wreaths on behalf of the school as part of the service to honour the dead.

The students and staff alike were taken aback by the scale of the devastation and huge cost to life. This was particularly poignant at the Menin Gate Memorial when students paid their respects to names of the dead from the Border Regiment, specifically Private Charles Brown from Maryport, who is an ancestor of one of the school's former students, Natalia Thompson. Natalia's grandmother, Mrs Ellen Drysdale, had kindly given Mr Bailey a photograph of Private Charles Brown in his uniform, shortly before he went to war. The huge scale of loss had not been lost on the students; however, this was the point at which students were able to connect in a very personal way with the First World War. Netherhall School would like to thank Mrs Drysdale for this very kind and individual gesture, which made a great difference to the students' understanding and empathy toward the First World War.

Year 10 students were a credit to Netherhall School throughout the tour and I would like to give a particular mention to the courage and bravery shown on the tour by Alastair Shaw-Hughes who had the misfortune to suffer appendicitis on the tour which led to his appendix being removed at the hospital of Tournai where we were based. Alastair showed true character and resilience in the face of this turn of events and is a real credit to his year group, family, school and indeed to the town of Maryport. I would also like to thank the staff on the Netherhall School Battlefields Tour for their energy and commitment to the students throughout, and to the students for representing their school and region with distinction.

**Mr M D Bailey**  
**Deputy Headteacher**

**Year 10 students at the Thiepval  
Monument in the Somme area  
of France, Thursday 22<sup>nd</sup> March**





**Jenny Martin, Olivia Scott, Katy Ridley and Chloe Pape with barbed wire found on a field walk near the Lochnagar Crater, La Boisselle in the Somme area of France on Thursday 22<sup>nd</sup> March.**



**Josh Jackson, Owen Burton, Jack Shepherd, Matthew Heaney, Josh Patterson and Attlee-Jack Skillen in the preserved trenches at Sanctuary Wood near Ypres, Belgium on Friday 23<sup>rd</sup> March.**



**Courtney Fletcher, Ellie Stephenson, Kate Walling and Halle Burton in the preserved trenches at Sanctuary Wood near Ypres, Belgium on Friday 23<sup>rd</sup> March.**



**Chloe Pape, Olivia Scott, Beth Hay, Jenny Martin and Katy Ridley in a flooded shell hole at Sanctuary Wood near Ypres, Belgium on Friday 23<sup>rd</sup> March.**



**Year 10 students at the Thiepval Monument in the Somme area of France, Thursday 22<sup>nd</sup> March**



**Alastair Shaw-Hughes with Mr Fulton and Mr Bailey at the Cite Europe shopping centre, Calais, France on the journey back home, Saturday 24<sup>th</sup> March.**

## The Intermediate Mathematical Challenge

The Mathematical Challenges aim to stimulate mathematical problem solving. The Intermediate Challenge is aimed at students in Year 11 or below. It consists of 25 questions that increase in difficulty. The student has one hour to complete the multiple choice questions using pencil and paper only. They are a test of mental agility and problem solving prowess, under timed conditions. Certificates for Best in Year and Best in School are awarded, as well as;

Bronze: 48-58  
Silver: 59-72  
Gold: 73+

Grey Kangaroo (for Yr9) 68+  
Pink Kangaroo (for Yr10/11) 76+

Marked out of 135

To recognise the highest performers in the Challenge the top-scoring 40% of participants receive bronze, silver and gold certificates in the ratio 3:2:1.

In addition UKMT invite around 1500 of the very highest performers to take part in the [Intermediate Mathematical Olympiad](#) and around 8000 to take part in the [Intermediate Kangaroo](#).

This year Liam Parker (Y10) topped the challenge, with Caitlin Almond (Y9) second, and a joint third place for Eliska Belejova and Spencer Huddart, both in Y9. The full list of scores is shown below. Well done everyone! Certificates will arrive soon from the UKMT and you will be awarded them in assembly along with a chance to have your photograph on the school website.

<b>Liam Parker</b>	<b>74</b>	<b>Yr10</b>
<b>Tolson Carruthers</b>	<b>45</b>	<b>Yr10</b>
Eliska Belejova	59	Yr9
Spencer Huddart	59	Yr9
Robbie Pattinson	46	Yr9
Ciaran Lavery	45	Yr9
Georgia Kirkbride	43	Yr9
Luka Anderson	41	Yr9
Charlie Roche	39	Yr9
Luke Cremins	36	Yr9
Millie Routledge	35	Yr9
Thomas Crellin	34	Yr9
David Shearman	31	Yr9
Ben Atherton	30	Yr9
Morgan Langley	30	Yr9
Dominic King	29	Yr9
Ryan Hanley	26	Yr9
Abbie Timney	26	Yr9
Katie Mumberson	23	Yr9
Tyler Beales	20	Yr9
Mia Upex	18	Yr9

## KEEPING SAFE

A group of pupils from Learning Support have been working on a Keeping Safe Course with PC Dodd from Cumbria Constabulary.

The group worked on how to keep themselves safe in the community, who to trust and to be aware of Stranger Danger.

They created target circles and made puppets to role play and reinforce who should be in your circle of trust.

The pupils said the sessions were "awesome, amazing and so cool."

They all passed the course and received certificates from PC Dodd who was impressed that everyone "had a great attitude to learning."

Well done everyone.

**Mrs Johnstone**  
**SENCO**



## National Citizen Service

A number of Year 11 students have signed up to take part in the National Citizen Service.

This is a fantastic opportunity for our students to embark on exhilarating challenges and to make their mark building skills for work and life.

NCS aims to help tackle some of the biggest social challenges in our country:

- Social cohesion
- Social mobility
- Social engagement

Following their NCS journey students will have learned the principle of working together as a community and understand the benefits of integration between young people from different backgrounds. They will also build essential skills for life and work. Crucially during the programme they will be engaging with their community and will have built on their understanding of the democratic process by which we all live.

The programme, in 4 phases, will be run throughout summer and will involve events such as:

- Outdoor activities
- Development of life skills, confidence and communication (great for your cv and UCAS personal statement)
- Delivering a community project
- Celebration – NCS graduates will access exclusive volunteering and work opportunities.

Well done to everyone who has signed up! It is not too late to do so;

[www.ncsyes.co.uk](http://www.ncsyes.co.uk) or call 0800 197810

Good luck everyone!

**A Brown**  
**Head of Year 11**



## Year 5 News Articles

We again had Year 5 students join us from 2 of our feeder junior schools, Crosscanonby St John's C of E Primary School and Maryport Church of England Junior School. All of the students came with ideas of what they wanted to write about this half term. The ideas and the enthusiasm of the student's was to be highly commended, as they all were keen to produce a wonderful piece of work.

The articles included Freddy Fit, a visit to the Roman Museum, an English workshop and a planetarium visit.

It is a pleasure to welcome the Year 5 students from the town's junior schools to Netherhall, as they are always a credit to themselves and their schools in terms of their conduct and enthusiasm.

**Lee Wassell**  
**Pastoral Lead Teacher**



## Technology Competition

On the 16th of March, Mrs Irving and I took 9 students to compete in the Rotary Club Technology Competition. Held at UTC in Workington teams from all the schools in our area were there to compete. The task is kept top secret and this year students had to fire a ball at least three metres into the air with the materials provided. They also had to produce a design portfolio to compliment their invention.

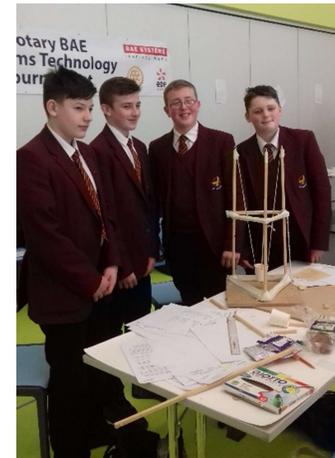
The photographs below show our foundation and intermediate teams in action.

Sadly, we didn't win on the day but both teams were very proud to be runners up. Each student received a certificate and a £10 Amazon voucher. Students thought that the event was amazing and really challenged their science, technology, engineering and mathematical skills. They are all looking forward to competing again next year.

Any current Year 8 students who would like to be involved in the challenge should see Ms Roche for details.

Foundation team - Year 9; Liam Denwood, Spencer Huddart, Jack Bell and Charlie Roche

Intermediate team; Tolson Carruthers, Liam Parker, James Rowlands, Joseph Byrom and Nathan Hadley.



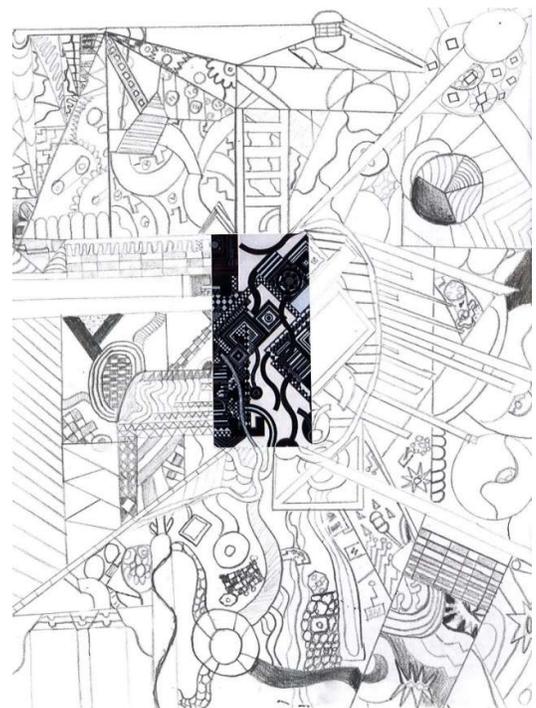
**Ms Roche**  
**Art, Design and Technology**

## Artist of the Fortnight

Ben Lambert 8IS

Ben is an exceptional student in art; he is hard working and has created some excellent pieces of work this year, including this pattern, inspired by the work of the Scottish artist Paolozzi. Ben has now used his intricate pattern to plan his lino print which I am looking forward to seeing finished. Well done Ben!

**Mrs Stead**  
**Head of Art, Design and Technology**





## Managing Medication Procedures – Important information for parents/carers



We recognise that from time to time students may require medication within the school day. However, we do have to adhere to guidelines to ensure the safety of our students. With this in mind, we would like to point out some procedures that we must follow:

- Some students may need to take prescribed medicines during their time in school. This will usually only be for a short time period, e.g. to finish a course of antibiotics. Parents/guardians must come into school and arrange this with reception.
- Children should not be sent to school with their own medicine (prescribed or non-prescribed) as this poses a health and safety risk to other children.
- Staff will not administer non-prescribed medication i.e. paracetamol, unless there are exceptional circumstances and where there is specific prior written permission from a parent/guardian.
- If a child suffers regularly from frequent or acute pain parents should refer the matter to their child's GP.

Parents/guardians have the prime responsibility for their child's health and should provide the school with timely, complete information about their child's medical condition. If your child has a medical condition that we do not know about, please contact the school, your child's Head of Year or Mrs B Irving.



## Road Safety Notice



This is a reminder to all parents and guardians who drop off or pick their children up by car or other motorised vehicles.

Please do not park on the yellow lines or block entrances and exits. It is important to leave these clear for emergency vehicles and the safety of our students.

Thank you for your cooperation.

**REMEMBER DRIVE SENSIBLY AND SAFELY.**

### SUMMER TERM 2018

STARTS	ENDS	HALF – TERM HOLIDAY
Monday 16 April	Friday 20 June	Monday 28 May – Friday 1 June
		Early May Bank Holiday – Monday 7 May

### EVENTS, TRIPS AND VISITS THIS HALF TERM

14 to 17 April	Duke of Edinburgh Gold Award Assessment Year 13
19 to 21 April	Duke of Edinburgh Silver Award Practice Year 11
23 to 25 April	Hawes End Residential Years 7& 8
Thursday 26 April	Year 11 Parents Evening
24 to 25 May	Duke of Edinburgh Bronze Award Assessment Year 10

## Exams Information

### Summer 2017 Examinations

Certificates for examinations taken in May/June 2017 will be available for collection from Netherhall School reception 8.30 – 16.00

We are instructed by the Examination Boards to keep certificates for 1 year only, if they are not collected then we can destroy them.

### Summer Term 2018 Examinations Internal

Year 7 Internal Tests week commencing 18<sup>th</sup> June 2018

Year 12 Internal Tests week commencing 18<sup>th</sup> June 2018

Mock/internal examinations are very important to students and staff to highlight any areas that may need further support.



# SPORTs News



## Year 1 and 2 Football Competition

Netherhall School hosted the annual Year 1 and 2 Football Competition, this is one of the 18 primary competitions held at Netherhall School throughout the academic year.

Ninety Children from across the Maryport Primary School Cluster attended the competition, this was a fun & exciting event for all the children involved. The children showed off their football skills with the final being played between Netherton Infants & Maryport Infants. Maryport Infants won with a fantastic performance in the final.

Well done to all the children involved.

Thank you to the Netherhall Year 8 and Year 12 Sports Leaders who help the competition run smoothly.

The next primary competition will be the Year 3 and 4 Tennis Competition on the 28th March.



## Girls Football

Girls Football Training — Tuesday and Friday 3.00-4.00pm.

Weekly training sessions are used to improve a combination of football technical and tactical skills, along with teamwork and fitness.

The girls' football team have already played a number of friendly fixtures against other secondary schools across west Cumbria and are looking to increase the number of games played for next season.

Thank you to Allerdale Girls FC who have provided some additional coaching sessions which 48 girls from Years 7, 8 and 9 attended, the girls found these sessions very enjoyable and informative. Netherhall School is always looking to create positive links with local clubs.



## GIRLS RUGBY



The girls' rugby season has kicked off to a great start. The Year 7's have been training weekly in preparation for their competitions and the team is growing in numbers after every session. Although they haven't won any of their games yet, their dedication and rapid progress hasn't gone unnoticed.



The Year 8 team has gained some new faces this year, which is fantastic. They are also just as committed as the Year 7's and played fantastically well in the recent Rugby League competition, with exceptional performances from Sinead Longstaff and Abbie Falk.

The Year 9's struggled at the start of the year with little numbers attending training but with a brilliant captain (Georgia Mason-Lowe) the team has now gone from strength to strength and they played against Whitehaven Academy and Workington Academy winning both their games. This meant they were the winners of the overall tournament.



The Year 10's have been our strongest team this year, winning the Rugby Union Tournament which meant they were put through to the Regional Finals. However, the unfortunate timing of the Belgium trip meant we didn't have a team so had to pull out of this competition.

Keep going girls, continue your training and let's put maximum effort in for the last few matches!!!

Mon 26<sup>th</sup> March – Year 7 & 9 Rugby League Tournaments @ Lakes College  
Wed 28<sup>th</sup> March – Year 8 & 10 Rugby League Tournaments @ Netherhall

## YEAR 8 NETBALL

Although the Netball season has finished, we still have a few tournaments left to play in the Spring term. One of those was the Year 8 tournament which was played last week at Nelson Thomlinson School. As always the Year 8 netballers were fantastic, they all tried their best, behaved impeccably and represented the school in a fabulous manner. They played 7 games and won 5!! This meant they were placed second in the tournament and were only beaten by the winners of the tournament by a handful of goals. Katie Dixon was absolutely outstanding in every match and deserves a mention for her relentless defensive effort - without Katie the team would have let in many more goals. WELL DONE GIRLS, LETS GO FOR FIRST PLACE NEXT YEAR !!!!



## Year 5 and 6 Football Tournament

Year 12 PE students organised and ran a football tournament with roughly 100 Year 5 and 6 students taking part. Each Year 12 had a specific role which will follow up onto their coursework, towards their overall grade. Lauren Gorge, the organiser of the event, made sure that the event was ran smoothly. Cameron Harker, an official, was in charge of the rules of each game. Roseanne Mcsharry was responsible for equipment and venue. Cameron Shaw Hughes, finance officer, organised and designed certificates and the trophy. Kaitlyn Banks, health and safety officer, made sure no danger was arising on the day and was completed safely. Josh Taylor, security, who made sure only the correct people attended on the day. Jodie Hodgson, marketing and media, who contacted all primary schools via phone calls and emails to send and retrieve information, she also organised photographers, Emily Southwell and Katie Harris. Matthew Bell, sports leader, took charge of 16 Year 9 pupils who helped out on the day and we would like to thank them all for their help. The overall winner was St Patricks B team, whilst Maryport Juniors A team came runners up. Staff of the primary schools, complimented the Sixth Formers saying the event was 'well organised' and that everyone had fun. Well done to all involved.



Jodie Hodgson, PE A-Level student



Mrs Holliday would like to say a massive well done to all the Sixth Formers involved in the organising of the event, they were superb and all worked so hard throughout the planning of the whole event. Each one of them contributed towards the event equally and were a credit to the school!! Well done!!

**Mrs Holliday**  
**PE Department**

## Netherhall School Girls Rugby Stars

Girls rugby stars from Years 7-9 who have been successful in the regional qualifying events for both rugby union and rugby league. Mrs Holliday said: *'The girls have been nothing short of brilliant and exemplary in every aspect of the game on and off the field.'*



**Mr D W Tromans**  
**Head Teacher**

## Netherhall School Netball Stars

Netherhall School has four netball stars selected for the West Cumbria Netball Team. The students are:



**Year 9 Cassie Lambert**



**Year 8 Emily Wilson, Holly Goodger and Kate Ivison**

Mrs Holliday said, *'The netball teams are doing extremely well and I am so pleased the girls have been selected. It helps to inspire the other students as to what is possible if they work hard, listen to their coaches and believe in their ability.'*

I personally teach or have taught all of the girls selected and know them all to be first-class students and super young people. Well done to all the girls; it is an exceptional achievement and the school is very proud of you. You are all champions of Netherhall School.

**Mr D W Tromans**  
**Headteacher**

## The Excellent Almond Sisters U18 Cumbria County Tennis Stars

Netherhall School students Megan and Caitlin Almond represent Cumbria at tennis at U18 level in the girls county cup competition. This is quite an achievement considering Caitlin is only 13! and Megan was appointed as assistant team captain. The girls travelled with the team on 23<sup>rd</sup> February to Bromley in Kent to play on 24<sup>th</sup> and 25<sup>th</sup> February against Suffolk & Berkshire. Eight girls were selected for the team.



The format of each of the fixtures was six singles matches and three doubles matches against each of the other counties. Players are required to play in order of their ranking, i.e. highest ranked player plays at number 1 etc. The team captain – Tracey Burrus and assistant team captain, Megan Almond, decided who played the 6 singles matches and doubles pairings.

Megan, although recently coming back from injury, was selected to play at number 1 and won 3 out of 4 of her matches. Caitlin, at 13, was the youngest on the team and played at number 4. Team captain, Tracey Burrus said, ***'Both girls played exceptionally well, Megan was a great assistant captain and led by example; Caitlin played really well, playing against higher ranked and rated girls who were 3 and 4 years older than her.'***

Although Cumbria came third, Megan and Caitlin were an absolute credit to Cumbria.

## Harrison Savage Under 18 Boys Tennis County Cup 2018

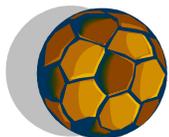
Year 11 Netherhall School student Harrison Savage is a key member of the Cumbria U18 Boys Tennis Team. Recently, Harrison represented Cumbria against Norfolk, Hereford & Worcestershire and Nottinghamshire in a three day tournament at Cambridge. The Cumbria U18 Boys Tennis Team has been consecutively promoted in recent seasons to Division 4, which presents a serious challenge to this young and very talented team.



Harrison played at number three for the team. The team won sixteen of their singles and doubles matches to place second overall to Norfolk, beating Hereford & Worcestershire and Nottinghamshire. Their coach, John Griffin said, ***'The boys' camaraderie and team spirit were amazing. All the boys were a credit to themselves, their families and the county. With such a young team and with many of our boys still having some serious growing to do, I firmly believe this team will develop into a serious force and I certainly wouldn't rule out further promotion.'***

**Mr D W Tromans**  
**Head Teacher**

## Inclusive Indoor Football Festival.

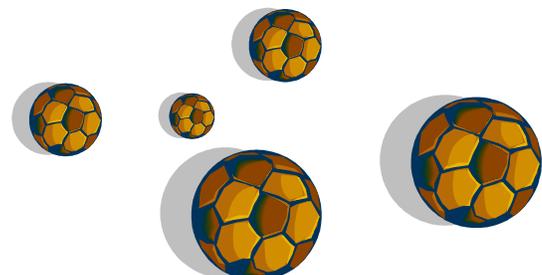


On 7<sup>th</sup> February two teams of pupils from Learning Support travelled to Penrith Leisure Centre to represent Netherhall in an indoor football competition.

We competed against seven other schools and each team played six games each.

We learned some new skills from the football coaches who were there and we had a lovely time meeting up with our friends from other schools.

"Everybody had a great day playing football."



**Mrs Johnstone**  
**SENCO**

# Spring, 2018 Sports Newsletter

## Rugby Tournament and U20 6 Nations England v Wales

The under 14 boys and under 15 girls were given the opportunity to play rugby at Newcastle Falcons ground Kingston Park on Friday, 9<sup>th</sup> February. Teams came through from Cumbria and the North East counties to participate. The girls put in an excellent performance and won their first game against Keswick School, this trend then continued as they beat all the teams in their competition. With a grand total of 6 wins they should be very proud of themselves.

The boys also played some excellent rugby. They played 4 games they won two and drew two with some outstanding play and fantastic defense. All of them worked exceptionally well as a team and should hold their heads high in what was a difficult tournament.

After the game the pupils were treated to the Under 20's England vs Wales 6 Nations match; an excellent game to watch, with victory going to England and a final score of 37-12.

As always the pupils were exceptional ambassadors for the school and for Maryport, conducting themselves exceptionally well both on and off of the pitch.



## U15 Rugby 7s

The Year 10 boys played in the County Cup 7s tournament on Thursday, 8<sup>th</sup> March at UCC in Penrith. It was the first time they had played 7-a-side which is a very fast, very firing game. The boys started off well against Kirby Lonsdale drawing 19-19. They then went on to play West Lakes Academy, Nelson Thomlinson, Keswick and finally Queen Elizabeth Grammar School. They boys all worked well throughout the tournament and should be proud of their efforts. Congratulations to Keenan Musgrave who was identified as the referees player of the tournament because of his resilience, determination and constant running attacking and defensive play.

## U14 Boys Rugby County Cup

On Friday, 23<sup>rd</sup> February Netherhall U14 played West Lakes Academy in the 3<sup>rd</sup> round of the County Cup. This was an excellent match, and both teams played their hearts out. West Lakes took an early lead with 2 try's and a conversion. However, the Netherhall boys did not let this get to them and they kept their heads high and fought their way back into the game. At the final whistle the score was 19-19. Unfortunately, due to the RFU rules, U14 are not allowed to play extra time and so the advantage is with the home team, meaning that West Lakes went through to the next round. The Netherhall boys should not be disheartened, as they all played with outstanding pride and heart, showing outstanding team work and sportsmanship. This is a team that could do exceptionally well next year in the Nat West cup when they reach Year 10. Well done to all of you.



## U14 Rugby 10's

On Tuesday the 13<sup>th</sup> March the Year 9 boys played in the U14's Rugby Festival at QEGS Penrith. In their pool was Workington Academy, Newman and Cockermouth. The first game against Workington was a close game and both teams played well finishing 3 tries each. The second game was against Newman who played well. By this time the boys had switched on and beat Newman 6-1. The final game in the pool was Cockermouth. The boys played some exceptional rugby and defended well ending the game 6-0 to Netherhall. Before we left we agreed to a final friendly against Ullswater Community College. The boys took to the field full of confidence after three excellent games and beat UCC 7-0. Overall a great afternoon out for the Year 9 team.



## Year 7 Football



## Year 8 Vs Cockermouth

Year 8 played well in the Allerdale League away at Cockermouth. They faced a confident opposition who wanted a win. Despite going down 2-0 in the first half the boys fought back in the second half. They were able to get a goal but ran out of time before they could score a second and the game ended Netherhall 1 Cockermouth 2.

## Year 8 Vs Workington

Netherhall started well and the game could have gone either way. However, Workington quickly scored 2 after 10 minutes; missing some of our key players didn't help and the Netherhall boys lost their motivation and were not able to get a goal back before the end of the game.

**Mr Fulton & Mr Holliday**  
**PE Department**

## Sixth Form First XI Football vs QEGS, Penrith

The Sixth Form football team were back in action on Wednesday, 7<sup>th</sup> March against Queen Elizabeth Grammar School, Penrith in a friendly fixture. Having defeated QEGS 3-0 in the second round of the English School's FA Cup earlier in the season, hopes were high for another great result for the Sixth Form boys. A great start for Netherhall came after only 10 minutes when Cameron Harker scored a spectacular goal directly from a corner and the advantage was doubled ten minutes before half time through an audacious chip from the edge of the area by midfield dynamo, Josh Taylor. Things were looking good for the boys as the half time whistle blew with Matthew Bell at his imperious best in central defence and David Ousby and Jack Pears terrorising the opposition with their forward play.

It is often said, however, that football is a game of two halves, and that very much turned out to be the case. An increasingly physical encounter saw the Netherhall boys mount a superb rear guard action in terrible conditions as the wind picked up strongly, leaving the boys penned in their own half for large periods by an increasingly confident QEGS XI. It seemed as though the Netherhall boys would hold out for victory but in a frantic finish to the match, the QEGS XI managed to score two late goals in the final 5 minutes to snatch a draw. While the final result came as a disappointment to the boys, they should be proud of their record so far in our inaugural season: P4. W2. D1. L1. Well done boys and congratulations on participating in such an entertaining game.



**Netherhall School Sixth Form football team – Back row: Matthew Ridley, Cameron Shaw-Hughes, Ewan Lavery, Arran Moralee, Cameron Harker, David Ousby, Josh Taylor.  
Front row: Kieran Dixon, Greg Brough, Jordan Bragg, Matthew Bell, Daniel Bell, Jack Pears.**

**Mr M D Bailey**  
**Deputy Headteacher/Head of Sixth Form**



## Boccia Competition We are the champions!!!!



On Wednesday, 21<sup>st</sup> February we entered three teams of pupils from our Learning Support Department into an inclusive Boccia Tournament at Lakes College, Workington.

Boccia is like French Boules except you take your throw sitting on a seat, making it inclusive for everyone to participate in.

Our winning team was Adam Crabb, Nathan Agnew and Matthew Walby who were cheered on to victory by the rest of their team mates.

We won the whole competition which means we now go on to represent Allerdale at the Cumbria School Games in Summer at the Sands Centre, Carlisle.

We are all looking forward to it.



**Mrs Johnstone**  
**SENCO**

## Netherhall School`s Young Leaders Pathway

At Netherhall School we are committed to encouraging young people to take personal responsibility and develop leadership skills. These skills include self- organisation, reliability, self-confidence, self- esteem, planning and self- review.

In October 2018, sixteen young people (plus 4 teachers from primary schools) attended a Young Gymnastic Judging course which enabled them to judge at the primary school gymnastic competition and assist at after school gym clubs. All officiated at the Allerdale Key Steps Gymnastics Final in November.

In March 2018, 12 young people attended a Netball Introduction to Umpiring course where they learned how to organise and deliver netball sessions and referee matches. They have umpired Year 7 & 8 netball tournaments taking place over eight weeks at lunchtimes and a Maryport High 5 primary festival. The Leadership Pathway and their level of competence will allow them to umpire at inter-school competitions at secondary school level in the future.

In March 2018, ten Year 9 pupils gave up their Sunday to attend a Tennis Young Leaders course which trained them to deliver tennis sessions, organise and umpire tennis matches. These young people attended and officiated at the Maryport Mini Tennis festival and the inter-form tennis competitions. They will also umpire at the County School Games Final in Carlisle in July.

In March 2018, ten Year 12 students were registered on a Sports Leader UK Level 2 course. This accreditation allows these young people to organise and deliver recreational and sporting activities to young people both within and outside of school.

In April 2018, 50 Year 7 & 8 pupils were registered on a Sports Leader UK Young Leader Level 2 course which allowed us to develop an effective and efficient leadership pathway from Year 6 – Year 13.

All leadership accreditations/qualifications achieved can be included on cv`s. If you are keen to develop your leadership skills or are motivated to gain an accreditation recognised by the National Governing Bodies of sport then please contact a member of the PE department who will be kept up to speed with leadership opportunities as courses become accessible throughout the year.

**Linda Borthwick**  
**SG & Partnership Manager (Allerdale)**

## Silver Navigation Practice

Saturday the 10<sup>th</sup> March saw an intrepid group of ten Year 11 students brave the cold weather to take part in their navigation training, in preparation for their Duke of Edinburgh Silver practice expedition shortly after Easter. The weather definitely kept the group on their toes with bands of rain and low cloud reducing visibility and giving them lots of opportunity to practice their timings and walking on a bearing. Lunch and a break from the weather, in the group shelters was an opportunity to refuel and for them to plan their route back to the bus. An interesting day was had by all and spirits remained buoyant in spite of the inclement weather everyone is raring to put their new skills to good use during the upcoming practice expedition.



**Mr Wassell**  
Lead Pastoral Teacher

## Loweswater Gold Netherhall School Mountain Biking

The Netherhall School 'Go Ride' club went mountain biking on the last day of the spring 1 half-term. Mr Horton and Mr Wassell chose the brilliant 'Coffin Route' and circumnavigated the beautiful Loweswater. Despite it being a very wet day the students had a very enjoyable and memorable day.

**Mr D W Tromans**  
Headteacher

